



AYNHO,
THE APRICOT VILLAGE

MAY NEWSLETTER



**"New Rector
Announced"**

**"Can you help with
Fete Preparation?"**

CHURCH CALENDAR - MAY 2024

ASTWICK VALE BENEFICE

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in-the-HEDGES with STEANE

May 5th 5 th Sunday of Easter	10.30am	Croughton	Benefice Holy Communion
May 12th 6 th Sunday of Easter	10am	Aynho (Sidespersons: G.Reynolds T.Sutton)	Morning Worship
May 19th Whit Sunday	10.30am 6pm	Evenley Steane	Benefice Holy Communion Evensong
May 26th Trinity Sunday	11am	Aynho (Sidespersons: J.Pusey J. Wade)	Holy Communion

Bell Ringing – Alternate Tuesdays in May at 7.30pm

St Michael's Church Cleaning – Thursday 30th May 9.45-11am

Church Information: about the life of our church, or enquiries about baptisms, weddings, funerals or burials – please contact the Churchwardens:
Andrew Bellamy (01869 810847) or Kathy White (01869 810418)

Items for **June Newsletter** by **24th May** by email please to Newsletter.aynho@gmail.com

NOTICE - ALAN REASON

Just a little note to say that our father, Mr Alan Reason, from The Glebe has passed away, quite suddenly on 12th April aged 94. He lived in Aynho for 67 years up until he moved into a Care Home last October. He was involved in many of the Village activities including: The Parish Council, Village Hall Committee and Aynho Football Club. Alan's funeral will be held at the Crematorium in Banbury on 3rd May at 1pm. We're sure he will be sadly missed by those who knew him.

Pauline and Steve

This Newsletter is issued by St Michael's Church and includes all Village news and is locally printed in Aynho by "Ciceroni Travel".

(Vol:696)

CHURCHWARDENS' RAMBLINGS

Prayers have been answered. A new Rector has been appointed and will live in Aynho Rectory. On 21st April the Archdeacon of Northampton informed us:

“I am delighted to announce that following interview and with the agreement of the Lord Chancellor, Bishop Debbie and the Parish Representatives, The Revd George Frost currently Assistant Curate to the Whittlewood Benefice has been offered and has accepted the invitation to become Rector in the Astwick Vale Benefice. The appointment of George is subject to the normal Church of England legal and administrative procedures. George will be Collated by Bishop Debbie and Inducted by Archdeacon Richard on 22 July 2024 at 19:00 at St Michael’s, Aynho.”

The Reverend Frost was born in the County, went to school in Guilsborough, attended Aberdeen University, served as an intern on the Isle of Man, and did the first part of his training for the priesthood at Durham. He is single. We will know more later in June when Reverend George moves to the village in preparation for his induction on 22 July. We are sure he will be greatly welcomed and supported.

Kathy and Andrew

Fete – 9 June – Getting Ready

A great Fete needs helpers and volunteers – please join the team

Please contact Andrew if you could help with one or other of these things at the Fete

- Running or assisting on a fun stall or table
- Children’s face painting
- Helping with the set up and take down (tables, chairs, and the big marquee)
- Making apricot jam (apricots and jars provided – even a large saucepan!)
- Helping guide the visitors at the entrances to the Sportsfield
- Car parking
- Baking - cakes, biscuits or some other delicacy for the Cake Stall
- Tombola - collecting bottles around your street and helping on the Tombola stall

IN YOUR VILLAGE HALL

(Bookings Secretary: Shirie Beaumont **Contact: 07878 430705**)

AYNHO WRITERS GROUP **Contact: Keith McClellan at keithcarolmac@gmail.com**

Meeting 10.00 am - 12.30 pm Saturday 11th May.

We welcomed a new member in April and heard super stories on 'The Teacher' or 'Get out get out silence and no one coming out'. Next month's suggested subjects are 'The Day the Builders Arrived,' or who would you take with you on Noah's Ark?'

AYNHO GARDENING CLUB 2nd Wednesday – 8th May 2.30pm.

Contact: Annabel Bellamy 810847

Swallows Nursery and Plant Centre, Evenley Road, Mixbury NN13 5RR will be expecting members from the AGC at 2.30pm. A short explanatory talk will be given by one of the staff when you can enjoy a cup of tea/coffee and a piece of homemade cake. It is a lovely Nursery with healthy high-quality plants. There are several Show Gardens to give you ideas. Bring your AGC Membership card and you will get 10% off any plants that you buy. **The Nursery need numbers so please let Annabel know if you are coming.**

This is a self-drive event and please do offer any other members a lift if they are unable to get there themselves.

Helen Mackenzie will be taking names and money for the coach trip to **KELMARSH HALL** on **Wednesday 12th June**. Please contact her if you wish to come on the coach which will cost £18. Entrance to Kelmarsh Hall will be £8 payable individually – free for RHS and HH members.

AYNHO LADIES GROUP- 3rd Wednesday

Contact: Jill Wightman. Tel 811206 Email: jayrw10@gmail.com

15th May 7.30pm Otmoor: A Wetland Restored by Peter Barker

At our April meeting we had a fascinating talk from Fraser Liversage from the charity 'Medical Detection Dogs'; on its beginnings in 2003 and final formation in 2008 and, of course, the dog training involved. This charity trains dogs to detect certain known medical conditions including cancer as well as training Medical Alert Assistance dogs. As proof of their work, we met Charlie with his very appreciative owner Geoff, who told us a sad but uplifting story about his past life and his present, much improved one, thanks to the presence of Charlie. A wonderful example of the work of this Charity.

Our speaker this month is Peter Barker who will be explaining how an area of waste land has been transformed to become the Otmoor Wetland Trust under the auspices of the RSPB and describing the happenings in this area within the 4 seasons. Take care and we look forward to seeing you all at our next meeting.

COFFEE MORNINGS at The Cartwright are on the **1st and 8th** at the usual time of 10.30am. If you would like to join us you would be very welcome. You do not need to be a member.

HISTORY SOCIETY 4th Wednesday

Contact: Helen Mackenzie 07866 044985

Wednesday 22nd May 7.30pm The Gardens at Waddesdon by Maureen Paterson

We are pleased to welcome Maureen Paterson back to Aynho History Society to give a talk on the gardens of Waddesdon. She will provide an overview of the construction of Waddesdon and the Custodianship of the Manor, together with a detailed explanation of the preparations made for the gardens. Although Maureen confirms she is not a gardener, the talk will be a fascinating insight into how the Gardens were planned, planted and established, enabling Waddesdon to become one of the 'jewels in the crown' of the National Trust portfolio.

SHORT MAT BOWLS

Tuesdays 2.30 – 4.30pm: New Members welcome.

The cost is £2.50 per session. Woods for bowling are available if you don't own your own.

Contact: Carol McClellan 07398 210313 or email: keithcarolmac@gmail.com

TOP DANCE SCHOOL: Latin & Ballroom Beginners Classes Thursdays 7-8pm.

For Adults IDTA Registered and Enhance DBS cleared. For more information or book a place contact: **Tizzy Jones on 0798687119 or email - tizianajones@btinternet.com**

VILLAGE “OUTSIDE” ACTIVITIES

AYNHO APRICOTS CYCLING CLUB - We meet on Saturday or Sunday mornings once or twice a month, for group rides with a stop for coffee/breakfast. We organize long and short rides, and we welcome cyclist of all ages and abilities, whether on road bikes, mountain bikes, hybrids or e-bikes.

AYNHO RUNNING CLUB - We usually meet on Sunday mornings at 9.0am on Portway for local runs. Routes and distances vary, but we tend to run around 5 - 10km on roads and sometimes trails at a pace which is comfortable for all. There is something for everyone, from experienced runners to those returning after a break, to those who are just starting out.

SOCIAL DOG WALKING - We usually meet on weekdays around lunchtime (but occasionally at other times and on weekends) for dog walks with fellow villagers. We arrange a time and place to meet on the morning of the walk itself via WhatsApp with no pressure or regular commitment – just join us if and when convenient.

Please get in touch if you would like to join us: for all 3 of above please get in touch with:

Faraz Shibli 07742 906780 Email: faraz.shibli@oxon.org

WELL-BEING WALKS from The Pavilion Thursdays 10am

Contact: Dawn on 0792932294

There are two walks led by qualified walk leaders. One walk is a leisurely stroll for approximately 2 or 3 miles and lasts just over the hour or longer if needed. We walk at the pace that is comfortable for all. The second walk is more challenging covering an average of 6 miles and lasting up to 2 hours. There is no need to pre book. We are a friendly bunch and welcome all new walkers. However, the walks are not suitable for pushchairs as we often go across fields. We meet at the Sportsfield Pavilion and set off at 10am every Thursday morning, rain or shine. On returning to the Pavilion there is tea, coffee and a tempting selection of cakes for sale. There is no fee for the Health Walks but we do ask for a voluntary 50p to cover the running costs of the Pavilion. All you need is some sturdy footwear. Hope to see you there.

ALSO AT YOUR PLAYING FIELD & PAVILION

MONTHLY MINDFULNESS WORKSHOP

T'ai Chi Chih classes on Mondays: spaces available 11.30-12.30 and Qigong sessions Fridays: spaces available 11.30-12.30. Tea/coffee provided £8.00 pp.

Contact: Kate Angell 07478 276891 or email: kate@calmerminds.co.uk to book a place

AYNHO CRICKET CLUB

Contact: Oshy - 07540554721 or oshy@ryanpont.co.uk

All Stars Cricket for 5–8-year-olds starts on 11 May and runs for the following 7 Saturdays - at 10am on the Sportsfield. All 24 places were taken by girls and boys within a week of the course being offered. The course is run by Aynho Cricket Club (ACC) with a number of adult members providing the coaching.

First home fixture is taking place on the Saturday 8th of June at 2pm, when ACC face Souldern CC. All support is encouraged, with a BBQ afterwards at the Pavilion. Anybody interested in playing or just being a social member is encouraged to get in touch. All levels of experience and ability are welcome.

AYNHO PARK CLUB DRAW

We will be making our first draw for 3 months in June, in the meantime please remember you "need to be in it to win it". Here are the details again - Please send £18 by bank transfer to "Aynho Park Club" Sort code 30-11-08 Account number 00467143 with your name as the reference. If you would prefer to pay by cheque or cash please contact me by email dixiedean1@gmail.com or drop round a payment to 16 Roundtown. Thank you for your continued support and to those that have already paid.

AT THE 'CARTWRIGHT HOTEL'

COFFEE MORNINGS

Contact: Jill Wightman 811206 Email: jayrw10@gmail.com

Aynho Ladies Coffee Mornings. Wednesdays 1st and 8th May, 10.30am – 12 noon at the Cartwright Hotel. You are welcome to come to either of these or both and you do not need to be a member.

Men's Coffee Club. Wednesday 15th May, 10.30am – 12 noon at the Cartwright Hotel.

You are very welcome to come along to this coffee morning. You do not need to be a member. Just contact me so we know how many we are catering for. Thank you.

SUMMER LUNCH CLUB Thursdays 12.15pm at the Cartwright Hotel

Contact: Jill Wightman 811206 Email: jayrw10@gmail.com

The Summer Lunch Club continues at the Cartwright Hotel every Thursday at 12.15pm. We have a new menu which includes light bites, through to main meals and desserts. If you are interested please contact me and I will let you have the menu. Thank you.

BRIDGE CIRCLE

Contact: Kevin D'Silva email: kevinds@salusinvest.com

We meet one Monday and one Wednesday evening a month at the Cartwright Hotel. We are a very social group, and we welcome players of all abilities, including complete beginners, for whom casual coaching is available. A sandwich supper is also available upon request.

Please get in touch if you'd like to come along.

BLANDFORD FLY WARNING!

The Blandford Fly is on its way. This fly is only 2-3mm in length but its scissor like jaws cut a hole in the skin producing a particularly nasty and painful bite. Unfortunately many people suffer a severe reaction to its saliva which may vary from swelling to blistering, purple (haemorrhagic) lesions, a high temperature and intense stabbing pain. So beware! They tend to fly near the ground and dogs and humans a particular favourite. Not only will they be with us through May but into June and even July so use a good insect repellent and cover up.

For more information go to NHS Oxford Health website.

<https://www.oxfordhealth.nhs.uk/news/miu-update-patients-with-blandford-fly-bites>

Aynho Parish Council (APC) - News

New appointments

As you will be aware, Aynho Parish Council (APC) is going through a period of change and following the recent successful recruitment of three new Councillors and a Clerk, we are seeking to appoint two more Councillors to complete the team. If you are interested in joining us, then please email clerk@aynho-pc.gov.uk.

Aynho Parish Council Website

Following a national initiative, Aynho Parish Council has produced a new website and uses a new email domain name. The dedicated Parish Council website is www.aynho-pc.gov.uk and the staff and members of the council have been provided with aynho-pc.gov.uk email accounts and no longer use the former aynho.org accounts. The email addresses of staff and members can be found on our new website. If you need to contact the Council, please do so on: clerk@aynho-pc.gov.uk.

APC Annual General Meeting (AGM), Aynho Parish Meeting AGM

We will take the opportunity to thank those who have served the parish in recent years and to welcome all new APC members and staff at our APC, Annual General Meeting to be held on Monday, 13 May, 7.30pm, Mary Cartwright Room, Aynho Village Hall.

We would also like to take this opportunity to announce the Annual Village meeting AGM will be held on Monday, 20 May, 7.00pm in the Village Hall where we will be presenting some ideas to enhance our village and asking for your feedback.

The Post Office

The post office visits Aynho weekly, on Tuesdays between 1.30pm and 3.30 pm. It offers a range of services from the Mary Cartwright Room, Aynho Village Hall. The services are as follows: paying bills with bar codes, cash withdrawals, paying in cheques (this takes 5 days), parcel returns to Amazon, mobile top ups, checking bank balances, parcel and letter postage, car tax renewals, postage stamps, books and single. Apparently, only two to three people use the post office each week, therefore it is incumbent upon the Parish Council to consider its value for money regarding the precept. It currently costs the Parish Council £400 Per annum for this service. If you have any views on the matter, please contact clerk@aynho-pc.gov.uk or use the Contact Us form on www.aynho-pc.gov.uk website.

Spring Litter-pick and Clean-up Day

It's that time of year, when our thoughts turn to tidying up our gardens and spring-cleaning our homes. We are pleased to announce that once again, we are going to treat our village with the same care that we afford our gardens and homes. We are holding our Spring Clean-up Day on Sunday, 12 May at 10am. Please meet us at the Sportsfield, where you will be provided with litter-pickers or cleaning equipment. This is an opportunity for you to demonstrate pride in your community as well as have a catch-up with fellow residents.

SUPPORT KATHARINE HOUSE HOSPICE

Be in it to win it

Would you like to be in with a chance of winning up to £1,000 each week? Of course you would. Playing the Katharine House weekly lottery couldn't be simpler! For just £1 a week, you can be in with a chance of winning one of our 20 weekly cash prizes. When you join the Katharine House Hospice lottery, you'll be supporting local people living with an incurable illness, as well as their families and loved ones. Players must be 18 and over. Find out more and sign up here: www.khh.org.uk/lottery.

YOUR LOCAL TRADE PAGE (Cost of Advert £3 per month)

KATE HUME AESTHETICS – ‘The Natural Beauty Nurse’ medical facial aesthetics & prescription skincare – advanced nurse practitioner and independent prescriber with nearly 2 decades of experience.

<https://www.katehumeaesthetics.com> Email: info@katehumeaesthetics.com

WhatsApp 07837 503421

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ADAM 1ST CALL HANDYMAN “When you don’t have the time or energy to tick off all those annoying jobs” call Adam on 07768 398661 Email: adam1stcallhandyman@hotmail.com
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Commercial & Domestic window cleaning. Inside and out. Plus gutter cleaning.

Contact: **Chris Henson 07402 44969**

CAROLINE FOOT HEALTH Caroline Tindale, DipCFHP, MPSPract. Professional foot care service including nail trimming, removal of corns and callus, ingrowing toenails, fungal nail treatment. Please call for an appointment. Home visits available. Tel 07899 017927 www.carolinefoothealth.co.uk

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Contact Jason on 01869 345329 or 07975 589459 or Email jason@cockburnfranklin.co.uk

THE SYNERGY PRACTICE Our team at the synergy practice has expanded to include medical aesthetics (e.g. Botox and fillers) and Swedish massage. We are here to help if you are in need of physio, sports therapy, massage or aesthetic services. Call 01865 803066 or book online www.thesynergypractice.com

TUSTAIN CARRIERS – with village connections our local mover/carrier with Luton vans.

Call: Jason on 07964 626325 or email: tustaincarriers@gmail.com to discuss requirements or get a quote.

KATE ANGELL Mindfulness Meditation and T'ai Chi Chih/Qigong Teacher. One to one and small group workshops and weekly classes.

Call Kate 07478 276891 or email kate@calmerminds.co.uk for info/book.