



**"MOTHER'S DAY"**  
**MARCH 19TH**





AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in-the-HEDGES with STEANE

\*\*\*\*\*

Sidepersons: Jenny Pusey, Ted Sutton

## NO SERVICE IN AYNHO

Evenley – 9.30am Morning Worship  
Farthinghoe – 9.30am Morning Worship  
Hinton – 11.00am Morning Worship

Sidespersons: Gillian Reynolds, Ted Sutton

Evenley – 9.30am ) Mothering Sunday  
Croughton – 11.00am ) “ “  
Farthinghoe – 9.30am ) “ “

## Benefice Holy Communion

Hinton – 11.00am Morning Worship

CHURCH CLEANING at St Michael's Aynho – Thursday 23<sup>rd</sup> from 9.30am

**BELL RINGING – Alternate Tuesdays - 7.30pm at Aynho**

Information about the life of our church or baptisms or wedding enquires from:

**Church Wardens:** Andrew Bellamy Tel: 01869-810847

Kathy White      Tel: 01869-810418

Items for April 2023 Newsletter preferably before or by **March 24<sup>th</sup>** please to:

Sybil 32, Roundtown, Aynho Tel: **01869 810692** E-mail: **syban@btinternet.com**

**This Newsletter is issued by ST.MICHAEL’S CHURCH and locally printed in Aynho  
by “CICERONI TRAVEL”**

(Vol: 683)

## CHURCHWARDEN'S RAMBLINGS

The village is beginning to look great with all the snowdrops and daffodils - and a definite feeling of Spring in the air. In the church we are heading into the main weeks of Lent and then have Easter to look forward to early in April. The school half term and pancakes are behind us once more. Next on the calendar is Sunday 19th March and Mothering Sunday - a day well worth remembering to celebrate and be thankful.

Mothering Sunday typically involves lavishing Mums with gifts and attention and celebrating the women who have nurtured us throughout our lives.

Traditions have varied over the years. In the 16th century Mothering Sunday was less about mothers and more about church. Back then, people would make a journey to their 'mother' church once a year. The service which took place at the 'mother' church symbolised the coming together of families. Pretty much all villagers went to church every Sunday then so it was special when those working away returned home.

In later centuries the tradition was to allow those working in the fields on farms and estates to have the day off to visit their mothers and possibly go to church too. This was a variation on the theme of visiting the 'mother' church and was a move towards a more family focussed occasion. In some ways this tradition is still alive today as many people often travel to visit their parents on Mothering Sunday.

This Sunday, churches around the country will be sharing their own traditions, celebrating and giving thanks to the huge impact mothers have on each of our lives. We will do the same in Aynho and everyone is welcome to join us and share in the gifts of flowers for mothers.

**Andrew and Kathy**

### BABY BASICS

We are again this year, for Mothering Sunday, supporting Baby Basic a county based charity who works with mothers and their new babies. When families are referred to Baby Basics they receive a Moses basket of essential items for the birth of their baby. The charity particularly needs the following, so if you wish to donate please either leave your donations in the box in the Church porch, deliver items to Carrie O'Regan at 15 Church Lane, Evenley or bring them along to the

**Mothering Day Service to be held on 19<sup>th</sup> March at 10.00am  
in St Michael's Aynho**

Items:

- ❖ nappies from birth to 3 months;
- ❖ baby shampoo, baby lotion, baby talc;
- ❖ baby clothes from birth to 3 months;

*also items for Mum such as:*

- ❖ shampoos, shower gels;
- ❖ shampoo, conditioner;
- ❖ body lotions, and sanitary products.

For more information please contact Carrie on 01280 702300.

Thank you'.

# **VILLAGE ACTIVITIES**

## **AYNHO ROAD CYCLING**

**Contact:** Faraz Shibli 07742 906 780 [faraz.shibli@oxon.org](mailto:faraz.shibli@oxon.org)

We meet once a month on a Saturday or Sunday for a social ride with a cafe stop. All abilities welcome.

## **BRIDGE CIRCLE**

**Contact:** [kevinds@salusinvest.com](mailto:kevinds@salusinvest.com) or Faraz Shibli [faraz.shibli@oxon.org](mailto:faraz.shibli@oxon.org)

We now have enough members to hold a monthly bridge circle, and new joiners would be very welcome indeed. We have a wide range of ages and abilities, from complete beginners to experienced players, so please do get in touch.

## **MCC (Men's Coffee Club)**

**Contact:** Jill Wightman 811206

Coffee Morning **15<sup>th</sup> March 10.30am – 12 noon** at the Cartwright Hotel.

## **SOCIAL DOG WALKING**

**Contact:** Faraz 07742 906 780 or [faraz.shibli@oxon.org](mailto:faraz.shibli@oxon.org)

We organise ad hoc, casual dog walks every week via WhatsApp. There's no pressure to join - just come along if and when convenient. If you are interested, please see above contact for further details.

## **IN YOUR VILLAGE HALL**

### **SHORT MAT BOWLS** - every Tuesday 2.30-4.30pm

**Contact:** Caroline McClellan 810346

We give a warm welcome to new members. We help each other to learn play and Tea/Coffee and Biscuits are provided in the interval. The cost is £2.50 a week per person.

### **GARDENING CLUB** - 2<sup>nd</sup> Wednesday of the month

**Contact:** Annabel Bellamy 810847

**On Wednesday 8<sup>th</sup> March, James Bolton** will give his talk on **Vita Sackville West and Sissinghurst**. It is the first time that James has been to the Aynho Gardening Club and I am sure his talk will be very interesting – James has a garden design business, lectures extensively on garden history and runs 'Border Lines' with tours to the finest gardens and houses in Britain, Europe and South Africa. The talk will start at **7.30pm in the Village Hall**. If you would like to bring a guest to a talk, please do, the cost is £3 for the evening.

**A Reminder:** This time last year we had a talk by the Head Gardener, Dan Winter, about **Evenley Wood Gardens**. It is a lovely place to visit at this time of the year as all the spring flowers come into bloom. Over the winter there has been a great deal of clearing and re-planting due to the 'ash-die back' – an ever-changing scene.

*Thinking ahead.....*

The two **Photographic Classes** for the **Flower and Vegetable Show (Saturday 19<sup>th</sup> August)** will be: **Spring and The Coronation.**

*Planning ahead.....*

For the trip to **Bourton House**, Bourton-on-the-Hill on **Wednesday 13<sup>th</sup> September**. The cost will be £25 and will include an afternoon stop-off at Batsford Aboretum Plant Nursery/Cafe on return journey. There will be 32 places on the bus so it will be 'first come first served'.

### **AYNHO WI** - 3<sup>rd</sup> Wednesday of the Month

**Contact:** Jill Wightman 811206 Email: [jayrw10@gmail.com](mailto:jayrw10@gmail.com)

Our 'open' meeting last month proved fascinating and our thanks go to Liz Hadley for her explanation of the long history and the intricacies of running these all important medical trials. There have been many but our hearts and minds are naturally on Covid and its successful control which is aided by the work being carried out by the team Liz is part of. Our next meeting on the **15<sup>th</sup> March** is our AGM, when along with other business, we will be voting on whether or not to remain with the WI. All members will be sent information to help them assess the current situation and come to a decision. After this Carol McClellan will be telling us about the 6 years she spent in Kenya, which promises to be really interesting. We look forward to seeing all our members at this very important meeting but meanwhile keep your eyes open for Spring.

**Tea hostesses for the March meeting are Sarah and Deborah.**

**Coffee Mornings 1<sup>st</sup> and 8<sup>th</sup> March 10.30am – 12 noon**

## **AYNHO WRITERS GROUP**

**Contact: Keith McClellan 810346**

At our February meeting we heard some very enjoyable stories including at least three doubles!

For this month we shall give "Advice to our younger self" or "Breaking the law". Our next meeting will be held on **Saturday, 11<sup>th</sup> March 10.00am -12.00noon.**

## **HISTORY SOCIETY** - Last Wednesday of the Month, 29<sup>th</sup> March

**Contact: Helen MacKenzie 07866 044985**

### **"The Common Lodging House in Victorian England" Entry £3**

This month Liz Woolley makes a welcome return with another of her very popular talks this time on the lodging houses of Victorian England. What were these Victorian B & B's like? Were they 'overcrowded, unsanitary dens of iniquity where delinquency and dishonesty was encouraged, stolen goods exchanged and incendiary political views exchanged' OR did they help the agricultural and industrial labourer of the time, providing them with places to stay which aided migration and retailing, helped the poor whilst also being a source of popular entertainment?

Liz's engaging talk will examine the truth behind these two very different views.

You do not need to be a member simply pay on the night.

## **WINTER LUNCH CLUB**

**March dates: 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup>**

**Contact: Amanda 01869 810341**

WLC takes place most Thursdays from October 2022 to end of March 2023.

It is an opportunity for any villager to come along to the village hall and enjoy a simple homecooked meal from a choice of soup, baked potato with filling, pudding, and tea/coffee, at a very reasonable cost. Whether a regular returning or a new face you will be given a warm welcome. To book your place (max numbers are 22) please telephone Amanda on 810341 before 12 noon on Mondays at the start of the relevant week (leave a message on the answerphone if I am out) or you can sign up when at lunch. If you book a place but can no longer come please let me know. Payment is by cash only. Any profit made (after hall charges and ingredients) will this year be donated towards our village hall.

## **TOP DANCE SCHOOL – LATIN & BALLROOM**

**Contact: Tizzy Jones on 07986837119 or email [tizianajones@btinternet.com](mailto:tizianajones@btinternet.com)**

Beginners classes in AVH. Thursdays – **Children** aged 4 to 12 years – 5.0pm-6.0pm and **Adults** 7.0pm-8.0pm. IDTA Registered and Enhanced DBS cleared. Please call Tizzy for more information or to book.

## **PLAYING FIELD & SPORTS PAVILION NEWS**

### **"WELL BEING WALKS"**

**Contact Kathy White 810418**

"Our weekly walks continue, starting from the Sports Pavilion at 10.00 am each Thursday. The numbers for the long walks are just about back to normal but we are a little light on the shorter walk. Many people walk around the village regularly throughout the week on their own to get some exercise. Perhaps you would like a bit of company sometimes so please come and join us, just once a week. We are a very friendly bunch and happy to stay and share a cuppa and a cake when we get back. As we are nudging slowly into Spring, we must still be aware of the chilly winds and muddy fields so make sure that you wear warm clothing and sturdy shoes. I hope to see a few new faces over the coming weeks.

## **MONTHLY MINDFULNESS WORKSHOP**

**Contact: Kate Angell 07478 276891 or Email: [kate@calmerminds.co.uk](mailto:kate@calmerminds.co.uk) [www.calmerminds.co.uk](http://www.calmerminds.co.uk)**

The next mindfulness workshop will be **Wed 15th March** at the Sports Pavillion. Hot drinks and cakes from 11.00am and we start at 11.30am with introductions and a seated meditation to settle us in. Each workshop has a different theme and there will be guided meditations, readings, poems and gentle mindful movement (seated or standing as our abilities allow). Come and enjoy some peaceful practices with a small group and learn how developing mindful awareness can bring many benefits; suitable for beginners and experienced meditators. I am a qualified, licensed and insured Mindfulness Meditation Teacher. £7.00 pp (Cash/Cheque). Please wear warm clothing and supportive footwear.

## **PARISH COUNCIL NEWS**

### **FIREWORKS**

At the last PC meeting we received some feedback from the use of fireworks in the village, we know these can bring a lot of enjoyment. Unfortunately, they can also distress pets and cause an annoyance. These displays used to be commonly notified on the Aynho Community facebook page, leave a message giving a time and date.

### **KEEP AYNHO BEAUTIFUL**

The PC are planning an event on Saturday 1<sup>st</sup> April (time etc TBC), willing people required to litter pick, tidy up areas or undertake small maintenance tasks. Further details to be released via our electronic updates.

### **TUESDAY POST OFFICE** - Opening hours are 1:30pm-3:30pm at the Village Hall

Just a reminder from a previous newsletter for this useful amenity, the PC provides half of the rental cost for the hall hire (£500) – **use it or lose it!**

### **DOGS**

Please remember to pick up after your dog, letting them defecate without removing is antisocial. Please follow the Countryside Code to help everyone respect, protect and enjoy the outdoors. Various fields around the village have footpaths crossing them, please remember they may have cattle, sheep, lambs or other wildlife in them.

### **RECEIVE ELECTRONIC UPDATES.....**

The PC use mailchimp to distribute emails at various points, sometimes urgently or as a matter of updating residents – we know over 5 years about 20% of the village populations changes; so if you're new or due to move the village sign up with your email to get these here <https://us19.campaign-archive.com/home/?u=361fa37ecdf93ab1555e748ed&id=b7d84c0926>

**Next Meeting – Monday 6<sup>th</sup> March, 7:30pm, Committee Room, Aynho Village Hall**

### **CONTACT DETAILS**

Chris Wilson is the Parish Clerk and can be contacted on email [clerk@aynho.org](mailto:clerk@aynho.org) or phone on **07887 548774** or you can find us on the website [www.aynho.org](http://www.aynho.org)

### **AYNHO VILLAGE HALL: 2022-2023 AGM Monday 27 March, 7.30pm**

The Village Hall Committee invites Aynho's residents to join us for the Management Committee's AGM, held at the Village Hall. At the meeting the Trustees and members of the Committee will review the year just gone and briefly outline some of the challenges, opportunities and fun things we're hoping to bring to the Village Hall during the year ahead. Everyone is welcome.

Nearer the time the Agenda for the AGM will be published with copies dropped through letterboxes, emailed to registered users and posted on the village Notice Boards. If you're not registered for village emails and would like to receive them, email your name and a short message (to sign up) to Chris Wilson (Clerk to the Parish Council) at [clerk@aynho.org](mailto:clerk@aynho.org) - Chris manages this resource.

Looking ahead, we have many new and exciting ideas for the Village Hall including community events, helping new groups get established and generally being a social and community hub for Aynho. To achieve all our ambitions - and develop bigger and better ones - we really need energetic residents to get involved and make their (your?) mark. It doesn't matter if you've only got one or two hours a month or can commit longer - we'd love to hear from everyone. If this sounds interesting come along to the AGM or, in the meantime, contact us at [vh@aynho.community](mailto:vh@aynho.community).

**CONGRATULATIONS** to one of our Aynho residents – Mrs Jackie Beaumont – who has been awarded a B.E.M in the 2023 New Year’s Honours List for her work establishing and running the Oxfordshire Oesophageal and Stomach Organisation, becoming Patron of the charity in 2007 raising thousands of pounds in the process.

Having she herself suffered from this cancer in 2007 she was motivated to help others. She downsized her home in 2011 releasing capital and organised the John-o-Groats to Land’s End Charity Cycle Ride in which 10 riders completed the distance and more than £60,000 was raised.

After a decade at the helm Jackie handed the reins to a successor in 2019. In the process she became a Patron of the Charity and still keeps an eye on its activities and is consulted in some decision making. What a truly magnificent effort and how very well deserved.

## ABILITY – THE COMMUNITY MINI-BUS SERVICE

(see January 2023 Newsletter for further details)

### ABILITY TRANSPORT TRIPS SPRING 2023

Wednesday 8 <sup>th</sup> March	Aylesbury town, Bucks. £18 FARE	A town full of gems, including historic buildings and pubs, a pretty town centre and a buzzing market
Monday 13 <sup>th</sup> March	Bicester Village and Garden Centre	Designer Outlet Shopping Centre and the popular Bicester Garden Centre.
Monday 20 <sup>th</sup> March	Evenley Woods and café	Enjoy the start of spring at this 60 acre woodland and gardens, onsite café. Entry fee £7.50 payable on the door
Tuesday 28 <sup>th</sup> March	Witney Village	Quaint Cotswold village including the Blanket Hall, SOTA gallery and shops
Friday 31 <sup>st</sup> March	Bicester Town and market	

**Please ring Ability with any queries. Tel. 01327 604123**

## KATHERINE HOUSE HOSPICE

### Rose to Remember

**NEW FOR 2023!** Remember a loved one at our special Sulgrave Manor event this June.

You can purchase your hand-crafted metal rose as a tribute to the life and memory of someone special.

The roses – which have been designed especially for Katharine House Hospice – will form part of a stunning temporary installation at Sulgrave Manor from Monday 5 June until Sunday 18 June, but you will need to buy your rose ahead of the display.

We have a limited number of roses available, so visit our website for more information and to order yours [HERE](#).

### Volunteers needed!

Not all heroes wear capes – some wear hi-vis!

We're looking for more than 80 volunteers for this year's movie-themed Moonlight Walk, which is taking place on Saturday 20 May.

Can you help us? We have a huge variety of volunteering roles before, during and after the event – from making decorations to marshalling on the night. Find out more and sign up [HERE](#).

### We are the (Village) Champions!

Could you put up posters three or four times a year in your local area and help us get the word out about our upcoming events? Then we need your help! Why not sign up to be one of our valued Village Champions?

We have some brilliant supporters who are already doing an amazing job, but we're looking to recruit even more.

Discover where we're looking to grow our Village Champions [HERE](#).

## **YOUR LOCAL TRADE PAGE**

**N.D.M.ELECTRICAL – N.D.Mobley Brackley. Tel:01280-700905**

**Mobile: 07922005629**

**Domestic & Commercial Installation & Maintenance**

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**SANDY BILLY (BSc.(Hons) (MChs) Private Podiatry/Chiroprody Service – Deddington Health Centre. Tel: Mobile 07792212988 email :[sandynbilly@yahoo.com](mailto:sandynbilly@yahoo.com) HP Registered. Clinic/Home Visiting. Nail & Diabetic Foot Care & Foot wear advice. Insoles/Orthotics Corns & Callus (hard skin)**

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**SMITHS NEWSAGENTS just ring Tel: 01295-268499. Early delivery to your door every day.**

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**BULLS HEAD GARAGE (Souldern)Ltd.Tel: 01869-345281**

**Car & Light Commercial Vehicles -Repairs- Services- M.O.T**

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**ADAM 1ST CALL HANDYMAN** “When you don’t have the time or energy to tick off all those annoying jobs” call **Adam on 07768398661** email: [adam1stcallhandyman@hotmail.com](mailto:adam1stcallhandyman@hotmail.com) . Based in Aynho and covering surrounding areas – call for free no obligation quotation.

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**A.E.HAWKINS Decorating LTD. Est: 1983**

**For free estimate call:07790226838**

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**CIH DOMESTIC SERVICES:** Commercial & Domestic window cleaning. Inside and out.

Plus gutter cleaning. **Contact: Chris Henson 07402 449969.**

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**THE SYNERGY PRACTICE -** Physiotherapy, Chiropractic, Sports Massage and Sports Therapy. Our team has decades of combined experience and we are here to support your health, fitness, rehab, nutrition and body maintenance. We have free parking. You can book online via the website

[thesynergypractice.com](http://thesynergypractice.com) or phone the reception team on **01865 803066.**

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**CAROLINE FOOT HEALTH –** Caroline Tindale DipCFHP MPSPract.

Professional foot care service including nail trimming, removal of corns and callus, ingrowing toenails, fungal nail treatment. Please call for an appointment. Home visits available. **Tel: 07899 017927**

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### **DATE FOR YOUR DIARY**

#### **THE BI ANNUAL VILLAGE CLEAN UP**

**SATURDAY, APRIL 1<sup>ST</sup>, 2.00PM – 4.00PM.**

**MEET AT THE SPORTS FIELD PAVILION.**

*Tea/coffee and cake for all volunteers*

