



Aynho
The Apricot Village

NEWSLETTER

MAY 2021

**MAY WHAT?
MAY NOT
MAY BE
YOU MAY ...**

**Enjoy
Bank Holidays
3rd and 31st**

**Vote in your
Local
Elections
6th**

**Let it all out
on National
Scream Day
24th**

**Enjoy
Doughnut
Week UK
9th - 16th**

**Donate to
Christian Aid
10th - 16th**

ASTWICK VALE BENEFICE CHURCH CALENDAR - MAY 2021

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in-the-HEDGES- STEANE

**May 2nd
5th after Easter**

AYNHO

11.00am Holy Communion

Sidespersons:

Farthinghoe 9.30am HC; Hinton 11.00am MP

**May 9th
Rogation Sunday**

AYNHO

10.00am Morning Worship Lay Led

Sidespersons:

Evenley 9.30am HC; Croughton 11.00am HC;

Steane 6.00pm EP

May 16th

**Farthinghoe
Hinton**

9.30am Morning Worship

11.00am Holy Communion

**May 23rd
Pentecost**

AYNHO

11.00am Holy Communion

Sidespersons:

Evenley 9.30am MW; Croughton 11.00am MW;

Farthinghoe 6.00pm EP

**May 30th
Trinity Sunday**

AYNHO

10.30am BENEFICE Holy Communion

Sidespersons:

There will be Church Cleaning - Thursday 20th 9.45am onwards.

Annual Parochial Church Meeting – Tuesday May 25th 7.00pm.

Information about the life of Aynho church -

enquiries from: **Rev.Sue Cooper** – revsue.cooper@gmail.com Tel: 01869 – 810903

or Acting Church Wardens: Andrew Bellamy Tel: 01869-810847 –

Kathy White Tel: 01869 - 810418

or on Aynho Village Facebook.

Items for JUNE 2021 - preferably before or by May 21st please to:

Sybil at No.32 Roundtown Tel:810692 Email: syban@btinternet.com

and any comments re Newsletter to Rector or Sybil.

**This Newsletter is issued by “ST.MICHAEL’S CHURCH and
locally printed in Aynho by “CICERONI TRAVEL”**

(Volume No.661)

Pastoral Letter May 2021: Revd Sue Cooper Writes

Dear Friends,

I wonder how you are feeling now that we are beginning to come through this lockdown? I, like many others, keep swinging from being ecstatically happy at the prospect of doing normal things again; having now had a few social times with friends and family (albeit outdoors!) enjoying simple pleasures, but then catching myself and thinking, "don't get carried away, a third wave of Covid is possible, and could ruin it all"....; How draining it is to live with such conflicting emotions sitting side by side in our minds and hearts. This is not an easy time for any of us to navigate through. So many folk have told me they are fatigued with the draining effects of the lockdown, so much so that it's hard for them to feel any excitement at all about the future.

Where can we take all of this, where can we unburden ourselves? The only place we can get peace from all of these inner conflicts is in the quiet presence of God.

It sounds ironic that after so much isolation and solitude I should advise you to get alone with God and be quiet, but it really is the remedy for an anxious and troubled mind and heart. Jesus used to take himself off to a quiet place to be alone with his Father on a very regular basis. And He learnt what it meant to gain perspective, to find peace, and to draw strength from God's presence, so much so that He was able to offer that peace and strength to others that felt overwhelmed; He said "Come to me all you who are weary and heavy burdened, and I will give you rest"

It is a huge relief to be able to come to God in prayer and just be ourselves, not having to do anything or say anything, just to be with him. There is nothing that God does not know about us, He sees all the conflicts of our hearts and minds, He sees the burdens we are carrying and the struggles we have and He has compassion on us and loves us. What a blessing it is to be completely known by God and loved by him, warts and all. What a relief.

I was impressed by hearing the comedian Frank Skinner as he spoke of his faith on Songs of Praise last Sunday... he said that when he prays it is the only time that he is profoundly himself, and completely honest ... with no act or front. And he spoke of how liberating that felt to him. He also spoke of his doubts; he said he had been a 'cradle Catholic' but left the Church aged 19 because of his doubts; and how he had struggled with his faith, and yet could not let faith go. And after unburdening all of this to a Priest, the wise old Priest simply said to him "Come back". And he did, he surrendered his heart and mind back to God in simple trust, and continued his journey through life, with his faith central to his life again, he simply "came back" to God and to Church.

If you have given up on God or Church and cannot find peace, "come back". Open your heart to God again and allow him to help you through the days. God bless you,

With love

Revd Sue.

(01869 810903) revsue.cooper@gmail.com

Luke 15: 20-24 So he got up and went to his Father. But while he was still a long way off, his Father saw him and was filled with compassion for him; he ran to his Son, threw his arms around him and kissed him. The Son said to him, 'Father, I have sinned against heaven and against you. I am no longer worthy to be called your Son.' But the Father said to his servants, 'Quick! Bring the best robe and put it on him. Put a ring on his finger and sandals on his feet. Bring the fattened calf and kill it. Let's have a feast and celebrate. For this Son of mine was dead and is alive again; he was lost and is found.' So they began to celebrate.

ANNUAL PAROCHIAL CHURCH MEETING (APCM)

The APCM will be held at 7pm on 25th May – either in person in St Michael's Church or, if necessary, on-line via Zoom once it is clear what is allowed and is possible in the circumstances. Arrangements will be notified

ST MICHAEL'S CHURCH ELECTORAL ROLL will be revised during the early part of May.

The list of current members will be posted on the church notice board in the porch.

Anyone wishing to add or remove their name should contact the Electoral Roll Officer, **Kathy White** on **01869 810418** or kathywhiteaynhl@gmail.com as soon as possible.

FOR SALE

Baby Knits (matinee coats etc) and a good selection of Greetings Cards – also Jigsaw Puzzles of 1000 pieces – proceeds for St.Michael's Church Funds. Sybil at No.32 Roundtown. **Do come and view.**

WARNING

The Blandford fly is here. This fly is only 2–3mm in length but its bite packs a punch and can cause a Serious reaction.

During March and April the larvae have been clinging onto the riverside plants of the River Cherwell and cleaning the water by filtering out food particles.

A river bank can support somewhere in the region of 10,000 larvae per square metre and as May approaches the newly emerging adults are ready to take wing. The males are harmless but the females need a blood meal (humans and dogs seem to be a favourite) so they can mate.

Unfortunately many people suffer a severe reaction to the saliva which may vary from pain to swelling, blistering, a high temperature or joint pain and medical advice may be needed. They tend to fly near to the ground and legs are a particular favourite of theirs although they can bite anywhere. Not only will they be with us through May but into June and July as well. So slap on the insect repellent and cover up. For further information please follow the link below to the Deddington Surgery Advice sheet:

<https://www.deddingtonsurgery.co.uk/wp-content/uploads/2018/05/New-ajc-Blandford-Fly-Bite-Advice-Sheet.pdf>

OUR VILLAGE..... ENTERTAINMENTS

ARMS-Aynho Recorded Music Society

Contact: Bob Mann 810869

Still looking forward to getting together for our monthly melodious musical meetings.

HISTORY SOCIETY

Contact: Keith McClellan 810346

We have a programme agreed from June onwards so again let us hope regulations will continue to allow meetings.

GARDENING CLUB

Contact: Annabel Bellamy 810847

For any queries regarding the Gardening Club, please contact Annabel Bellamy on 810847.

AYNHO WRITERS GROUP

Contact: Keith McClellan 810346

Once again this month we had an enjoyable collection of emailed contributions. Descriptions of memorable "Staycations" were varied and interesting as well as some individual topics from devoted writers. Next month we should have some reactions to "Where he walked others followed" or "Van incident on the middle storey of a large hotel". We hope to resume actual meetings for June, as long as regulations don't change.

AYNHO WI

Contacts: Fiona Hodges 369122 & Jill Wightman 811206

So regarding Covid, things are now definitely looking better for all of us and especially our future WI meetings, though not necessarily in the Village Hall. Our first meeting/get-together since February 2020 took place on the 21st April on the playing field, socially distanced of course and keeping to the rule of 6 and no doubt was enjoyed by all those who attended. Weather permitting we hope to repeat this in May when rules will have relaxed a little more. We will email you or put notes through doors to let you know. The Village Hall is now booked for our meetings on 15th September, 20th October and 17th November leaving the June garden meeting to be sorted and the Christmas party. When the Cartwright Hotel opens on 1st June we will make another attempt to organise coffee mornings there. Finally just a polite reminder – have you paid your subscription fee yet? Take care and keep safe.

Lis Mann is again taking part in virtual OXFORDSHIRE ART WEEKS. You can visit her page and see what she is showing or follow the posts from the group on www.artweeks.org from May 1st-23rd 2021

AYNHO HEALTH WALKS –

The Health Walks have restarted at 10.00 am from the Sports Pavilion. There will be limited access to the facilities and some refreshments available. Hand sanitisers and a face covering must be used when entering the building. Refreshments will be consumed outside. Further details from Kathy White on 01869810418 or kathywhiteaynho@gmail.com

Aynho Active - Social Running Club has now started on Sunday Mornings. Meet at the Pavilion at 9am. All ages and abilities welcome. 2 groups. One will do a local 5k and the other will do laps of the track.

Contact David Icke at David.icke@aynho.org or via 07714402900 for more details.

Adderbury, Deddington and District Photographic Society-still zooming!

Contact: Anne Hunsley www.addphoto.co.uk

YOUR LOCAL TRADE PAGE

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Nail Care-Diabetic Foot Care-Insoles/Orthotics Corns and Callus (hard skin)

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SMITHS NEWSAGENTS just ring Tel: 01295-26849

Early delivery to your door - even through lock down any combination of days/weeks catered for.

BULLS HEAD GARAGE (Souldern)Ltd. Tel: 01869-345281

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Web: www.deddingtonfoothealth.co.uk Email: deddingtonfoothealth@gmail.com

AVON CALLING.. For all your beauty needs, gifts and fragrances contact Helen at

helensmith81@gmail.com or visit online www.avon.uk.com/store/helenparrishonline

ADAM 1ST CALL HANDYMAN “When you don’t have the time or energy to tick off all those annoying jobs” call Adam on 07768398661 email: adam1stcallhandyman@hotmail.com Based in Aynho and covering surrounding areas – call for free no obligation quotation.

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Robert Busby Tel:01608 677587 Mob: 07917871653

DAVID STRIVENS BUILDING SERVICES. General building & maintenance. Dry stone walling, patios and re-pointing. Contact: Dave on 07590371816 or email davidstrivens1@gmail.com

CMH DOMESTIC SERVICES: Commercial & Domestic window cleaning. Inside and out.

Plus gutter cleaning. Contact: Chris Henson 07402 449969.

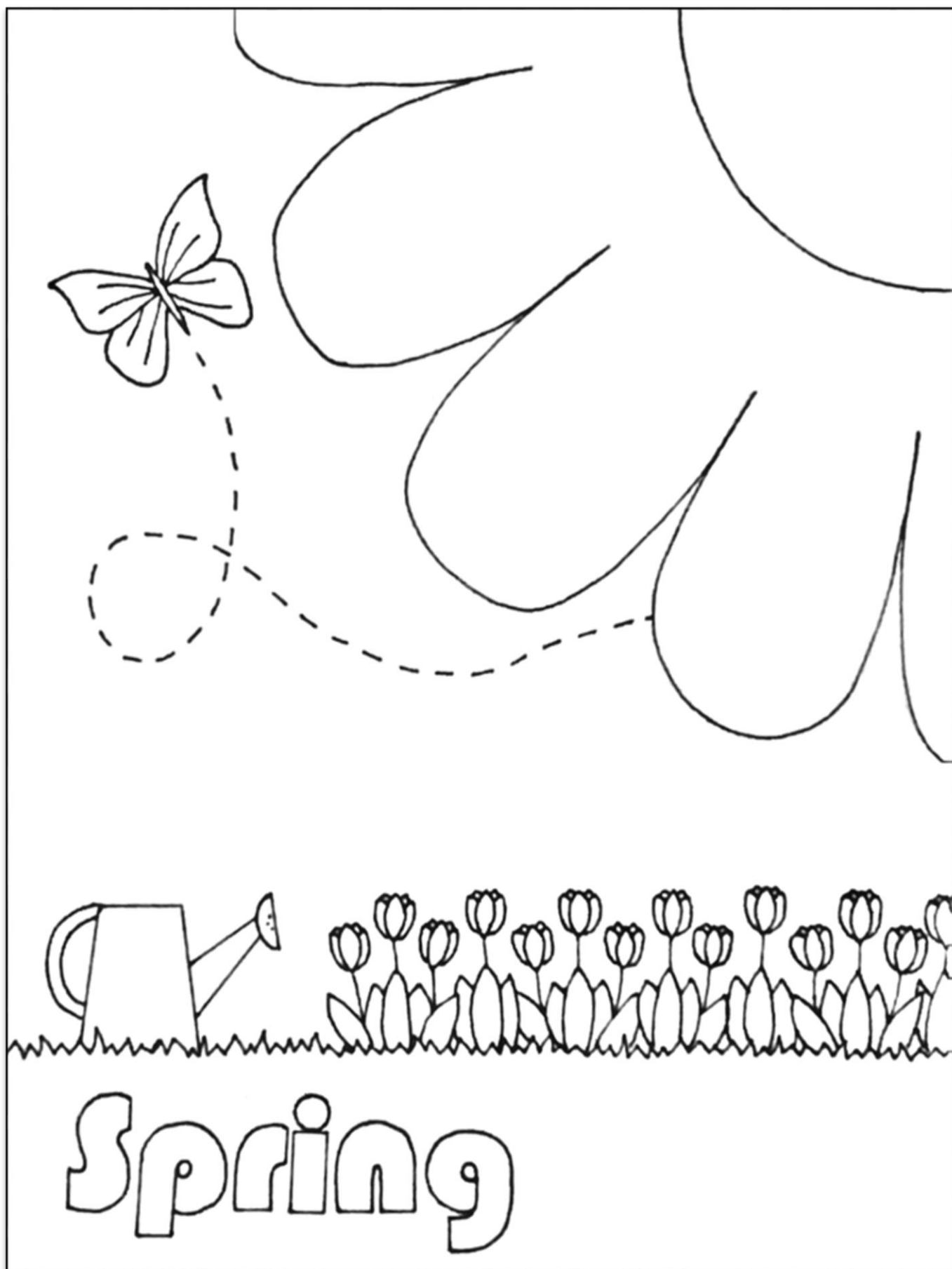
C.F.ACCOUNTANTS LTD. Friendly personal service. Sensible fixed fees for small businesses and taxpayers, with no hidden charges. For free initial, no obligation meeting contact Jason on 01869 345329 or 07975 589459 or email jason@cockburnfrankin.co.uk

HAPPI PILATES – weekly classes in Village Hall (or Zoom) and/or personal one to one private sessions in home studio. Contact Sarah on 07841617320 or email sarah@happipilates.com

JUST BECAUSE SOAPS* Handmade soaps available, a variety of fragrances, please call

A manda on 01869 810009 or text on 07812 057444. Price £3.95-£4.50 each

HAPPY COLOURING
FOR THE CHILDREN
(PARENTS/CARERS TOO IF THEY WOULD LIKE)



ABILITY

01327 604123



April 2021



Team Members

- Chris Carter
- Pete Donald
- Lynn Hinch
- Nigel Hinch
- Nina Nickless
- Sharon Lee
- Dan Green
- Ian Roach
- Jon Farmer

Newsletter

Thank you for all your cards and messages we received during the last year. We have missed our customers who have been shielding but we are hoping there is finally light at the end of the tunnel and we can welcome you back.

GOOD NEWS

We are now offering our customers the service that was offered pre-covid, and much more. So now it's time to escape the indoors and get some much needed fresh air and retail therapy!

Normal service will resume

Monday 12th April

COVID RECOVERY—Starts Now!

ABILITY really want to help people start getting back out into the community, numbers have understandably reduced during the Covid period although we have continued to offer the essential shopper service through the last 9 months and given other help to local communities during these difficult times including delivery of food parcels.

We are a 'ring and ride' service that anyone can use. There is no fixed timetable - the bus follows a route on a demand basis and is set by the pre-booked requests of passengers. For our journeys we group people together and create a route that is most economical/sensible.

Everyone must register and prebook a seat, this is greener for the environment and means we know how many people will come on-board (needed for Covid restrictions). Pick up times are always approximate, we suggest allowing 10 minutes either side.

We are much more than a bus service, we are a social club on wheels!

You will find enclosed the villages and days we are taking residents to their local towns.

We are waiting for your call and to take your bookings on
01327 604123