

# NEWSLETTER

**FEBRUARY** 

Dates for your diary 2020



t Valentine's Day

Shrove Tuesday 25th Feb



AYNHO
QUIZ & CURRY
NIGHT

14th March

Maximum of 4 in a team

Aynho Village Hall 7.30pm Doors Open 7.00pm

Licensed Bar

All proceeds towards Aynho Active £12 per person Price includes Meal and Quiz entry

Tickets available from:
Michael Johnson,
27 Blacksmiths Hill
mjohnson.deepdale@gmail.com
01869 811175

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# ASTWICK VALE BENEFICE CHURCH CALENDAR - FEBRUARY 2020 AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in the-HEDGES-STEANE

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Sunday: 2<sup>nd</sup> Aynho Holy Communion – 11.00am

Presentation of Christ (Sidespersons: Mrs Wade. Mrs.Chong) in the Temple Farthinghoe: Said Communion 9.30am Hinton: Morning Worship 11,00am

Evenley: No Taize

Sunday: 9<sup>th</sup> Aynho Morning Worship 11.00am

3<sup>rd</sup> before Lent (Sidespersons: Mrs.Pusey Mr.Sutton)

Croughton: Holy Communion 9.30am Farthinghoe Family Service 10.00am Evenley: HolyCommunon 11.00am

Sunday: 16<sup>th</sup> Benefice Communion at Croughton 10.00am

2<sup>nd</sup> before Lent

Sunday: 23<sup>rd</sup> Aynho Holy Communion 11.00am

Next before Lent (Sidespersons: Mrs.White Mr.Bellamy)

Evenley Family Service 9.30am Croughton Family Worship 9.30am Hinton Holy Communion 11.0am Farthinghoe Evening Prayer 6.0pm

Ash Wednesday 26<sup>th</sup> Holy Communion at EVENLEY 7.0pm.

Traditional Service to begin the Season of Lent.

**Morning Prayer Tuesdays** 8.30am in Aynho Church **Morning Bible Study Monday** 3rd 10.30am @ Mrs. Watkins, Banbury Rd 11<sup>th</sup> **Prayer Group Tuesday** 15. The Butts 2.30pm **Church Cleaning** Thursday 20th 9.45am onwards **Home Communion** Monday 24<sup>th</sup> 11.00am 16 The Butts

Bell Ringing at Aynho the 3<sup>rd</sup> Tuesday of each month 7.30-9.00pm

Evenley 1st Kings Sutton 2nd & 4th Croughton 5th

Extra: Sat.29 February. 8 Bell Practice 2.30pm Future extras: Mar.7 & 21. June 6 & 27

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Information about the life of Aynho church -

enquiries from: **Rev.Sue Cooper** – revsue.cooper@gmail.com Tel: 01869 – 810903

or Church Warden - Graham Gibbs 01869 819727

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This Newsletter is issued by:

"ST.MICHAEL'S CHURCH" AYNHO ......and printed by HAMPTONS ESTATE AGENTS – DEDDINGTON

#### Pastoral Letter: Revd Sue Cooper writes:

Hello Everyone, I hope you are keeping your Spirits up as the long dark nights of winter begin to recede slightly. Very soon the first signs of Spring will appear, and show us that new life is beginning to pop up all around us, and this brings us new hope and fresh energy.

February has two major events; Valentine's Day, when love and romance are celebrated, and Ash Wednesday which is the beginning of the season of Lent in the Church cycle of seasons. It's hard to imagine two more opposite things to try to bring together, but it is love that brings these two events together. There are many kinds of love, and all of us, at some level, want to be loved. And the good news for every person on the face of the earth is that **God loves us**. But not everyone knows this, and even if we do know this, often we do not feel God's love.

Many times in life we will feel disconnected from God, and we will feel as if God is distant from us. But God hasn't gone anywhere, he is still there loving us as he always has. And God wants you to know his love, and he wants you to feel his love for you too. However, in any relationship, to know and feel the love of another we must have some kind of continuing contact with them. So for example, I know in my head that my family love me, but I feel that love in my heart and my whole being when I call to speak to them, or receive a phone call or a text or card from one of them. In other words we need to keep communicating otherwise we begin to feel distant and disconnected from each other. And it's the same with God; to feel his love we need to keep speaking to him and communicating with him. God loves us, and no matter how bad we sometimes feel about ourselves, God still loves us, and wants to help us through our journey in this life and to one day bring us home to himself. God is always there for us, and he is only ever one prayer away from us at any time. So at any time we can speak to God and tell him we are sorry for letting it go for so long without praying or communicating with him, and that we want to start afresh and continue our day, and our lives with him.

Happy Valentine's Day. And may we all know, and feel, Gods love for us each and every day. With love Rev Sue.



Our ex rector, Simon Dommett has asked if anybody who knew Heather would like to support Christopher, their son, who is doing the **South Coast Challenge 2020** in August this year in aid of **Cancer Reseach UK**. You may have heard that Heather was diagnosed with cancer in early autumn last year and has been undergoing treatment ever since; recently receiving a bone marrow transplant that she is responding to well. The quote below is from Chris' Just Giving Page: "Since my mum was diagnosed with cancer just after the summer, I have been looking for a way to support the fight against

cancer. And in true Dommett style don't take the easy route or work up to the challenge, nope going ahead with this insane challenge for 100km in 24 hours. I need to raise a minimum of £600 but want to raise at least £1500." If you would like to support Chris click on the link below to reach his **Just Giving Page.** 

https://www.justgiving.com/fundraising/christopher-dommett1?utm\_campaign=pfp-share&utm\_content=ChristopherDommett1&utm\_medium=fundraisingpage&utmsource= Face-book&utm\_term=G5DR7pz26

For any that are not on the Internet =Cheques made payable to CANCER RESEARCH U.K. can be sent to: Rev Simon Dommett, St Mary's Vicarage, Church Lane, Goddington, Beds MK41 OAP

#### **DEFIBRILATOR IN AYNHO**

Some new residents, or even long-standing ones, may not be aware we have an AED in the village located on the front of the village hall. This unit was funded by Amanda Limb with proceeds from her Winter Lunch Club and is managed and maintained by the Parish Council.

An **automated external defibrillator** (**AED**) is a portable electronic device that automatically diagnoses potentially life-threatening cardiac problems in a patient, and is able to treat them through defibrillation. This allows the heart to re-establish an effective rhythm. After approximately three to five minutes, irreversible brain/tissue damage may begin to occur. For every minute that a person in cardiac arrest goes without being successfully treated (by defibrillation), the chance of survival decreases by 23 percent. AEDs are designed to be simple to use and require no training for their application. Once switched on the unit provides audible instructions for what to do. There are, however, some points I would like to make you aware of as follows:

- 1. The AED is kept in a locked unit. Should you have cause to call 999 for a potential cardiac arrest they will provide the code to release the unit. Please be aware they MAY not ask you to fetch the AED if it would mean leaving the patient alone or if other circumstances dictate deployment would not be appropriate.
- 2. AEDs like all defibrillators, are designed to diagnose whether application of a shock is required (some forms of cardiac arrest are not). If a shock is applied, the chance of survival is increased if CPR is also performed. If no shock is needed, the unit will inform you of this.
- 3. Our AED kit contains a pair of nitrile rubber gloves; a pair of trauma shears for cutting through a patient's clothing to expose the chest; a small towel for wiping away any moisture on the chest, and a razor for shaving those with very hairy chests. (This is to enable the defibrillation pads to make a good contact).
- 4. The use of the unit is covered by a "Good faith" protection meaning a volunteer responder (not acting as a part of one's occupation) cannot be held civilly liable for the harm or death of a victim by providing improper or inadequate care, given that the harm or death was not intentional and the responder was acting within the limits of their training and in good faith. AEDs create little or no liability if used correctly.
- 5. We have to check the AED every month. This is a simple task taking a few minutes and includes uploading a short report to an internet record to ensure the ambulance services that cover our area (South Central and East Midlands) have it active on their database. If you are willing to be added to this rota then please contact me at <a href="mailto:andy.anderson@aynho.org">andy.anderson@aynho.org</a>. I will be organising a training session from the ambulance service soon so if you are interested in attending and being informed of details then please also send me your email address.

Andy Anderson	Aynho Parish Council	(Community Health and Wellbeing)	
*******	********	************	*******

A LADY living in CROUGHTON village is looking for a local Taxi Service or Private Person, for suitable remuneration, for day time local journeys. Could use own vehicle or lady's car.

Contact: Mrs Marriott on 01869 810267.

#### Aynho Park Club Draw



The lucky final winners of our village lottery, the Park Club Draw, of 2019 were Kate Wykes (November) and Margo Davidson-Wood (December). Each winner received a cheque for £82.

#### Dear friends and neighbours

As loyal supporters of the Aynho Park Club Draw, it is my pleasure to let you know that it is that time of year again......yes time for subscriptions to this year's Draw. As always it is a small yearly subscription of £12, which entitles you to an entry every month from which you might win a monetary prize. This is dependent on the number of entrants per month, so the more of you that play the greater the possible winnings. Last year's prize-money per month was a massive £82! Along with this, all entrants win in the broader sense, as the non-prize money section of takings goes totally towards the upkeep and maintenance of the Sports Pavilion and Field. The most convenient way to play is via online banking, either a one-off payment or a direct debit. It is very quick, so go on, why not do it right now? Then you can sit back and relax, whilst imagining what you might treat yourself to, should you be lucky enough to win. Some of you have set up direct debits, which is ideal, for which we thank you. However, if you are unsure whether your previous year's payment was a one-off payment or a direct debit, please check, as it would be a shame to miss out.

Our banking details are: Lloyds Bank plc

Aynho Park Club Sort code: 30-11-08Account number: 00467143

If you could let us know via email at active@aynho.org, that you have made a new bank transfer, then our loyal band of collectors will be able to cross you off their lists. Thanks so much. Obviously, you may prefer to pay via cheque or cash. Our collectors will be out over the next week or so, knocking on doors. Alternatively, you can post cash or cheques (made out to Aynho Park Club) to V Taylor Aynho Park Club, 17 Blacksmiths Hill, Aynho OX17 3AH. One last thing, if I may, should any of you have new neighbours or interested friends or family from outside the village who would like to play, they are more than welcome to do so. Please ask them to contact me either by email or post with their name and contact details plus payment and I will get them all set up with a Draw number. Once again, thank-you for your support. Wishing you all the best of luck. Remember, be in it to win it.

Kind regards: Valerieactive@aynho.org

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#### **AYNHO VILLAGE HALL**

The Aynho Village Hall is a valuable and much used resource for our village.

The facility is managed by a committee and due to retirements we are looking for volunteers to join the management committee. Our immediate need is for someone to fill the Secretary role currently undertaken by Carol McClellan, a role she has performed for over 30 years! It is not especially arduous and primarily involves taking minutes of meetings and other small organising tasks.

The Annual General Meeting of the committee will take place in the hall on **Monday March 9**<sup>th</sup>. Starting at 7pm. Please come along, even if you are not willing to take up this role but might be able to assist in other ways, or just want to hear what plans we have for the hall in the coming years. **Andy Anderson, Acting Chairman**.

### Entertainment in our Village Hall

ARMS (Aynho Recorded Music Society) (1<sup>st</sup> Wednesday) 5th February 7.30pm



We welcome you to our first "get together" for 2020 when Keith Morgan will be presenting.

Contact: Bob Mann 810264

7.30pm



## WRITERS GROUP Saturday 8<sup>th</sup> February 10.0am-12.30pm

Our January meeting was very well attended and had some amazing accounts of interesting journeys, as well as some unusual characters. This month we shall hear of "Valentines Day" memories or "Fleeing from disasters", maybe they are the same thing!!

Contact: Keith McClellan 810346

### AYNHO GARDENING CLUB (2<sup>nd</sup> Wednesday) 12th February

It was very good to see so many of you for the start of our 2020 Gardening Club programme. Thank you for making the effort to come out on such a rough and rainy evening.

It was an interesting and entertaining talk about Primrose Garden in Steeple Aston by Richard Preston. We can now all look forward to our evening visit in July.

Our next evening will be held on the 12<sup>th</sup> February at 7.30pm. George Lockwood will be talking to us about 'Perennials in a Royal Garden'. George is a new speaker for our club: he is a RHS listed speaker and a passionate organic gardener – we hope it will be an interesting talk. The 'Seed Swap' will also take place that evening, so do bring along your packets. The doors will be open early – around 7.00pm - so that you can swap your seeds.

For those of you who were unable to come to the meeting last month, this is another chance to renew your membership; the annual subscription is £10. This covers the entrance fee for the evening talks. Guests will be charged £2. Do please encourage newcomers to come along and see what we offer; we are always delighted to welcome any new Members or guests. For any queries, please get in touch with:

Annabel Bellamy (810847) or any of the Committee Members

#### **Aynho Parish Council – WHY NOT JOIN?**

Every four years Aynho's Parish Council is elected with nine residents appointed to serve on the Parish Council (PC) to represent the village and its needs, ensure continuity of key local services and, where affordable, improve the general look, feel and wellbeing of the village for residents. The annual precept is circa £25,000. Serving on the PC is entirely voluntary and there are no payments for attendance, etc.

During the past four years the PC has been instrumental bringing Gigaclear to the village, installing new conservation-style low-energy streetlights and improving facilities at the sports field.

This year the Parish Council elections will be on 7-May. All current Councillors and any prospective new candidates will need to be Nominated. If there's more than nine Candidates these will be added to the ballot on 07-May and, if fewer than nine, Candidates will be elected unopposed onto the PC with no ballot.

If you're interested in joining the PC we'll be publishing full details on the village web site (<u>aynho.org</u>) with links to SNC's own web pages. The key dates are 01-April, the point at which any candidate can submit their Nomination Pack to SNC's Election Officer and 08-April when Nominations close.

In the meantime, why not attend a Parish Council meeting in February or March to get a feel for the type of work and decisions that are made as part of the role. If interested contact Chris Wilson (Clerk to the PC) for dates and details. Chris' number is 07887 548774 and email <a href="mailto:clerk@aynho.org">clerk@aynho.org</a>

#### Report and track issues with highway problems: Street Doctor

Any highway related issues or defects should be reported via Street Doctor, the Northamptonshire County Council public reporting system. By using Street Doctor, your report will be logged appropriately, go to the right team and you will, if you request, receive updates of what we are going to do and why.

https://www.northamptonshire.gov.uk/councilservices/northamptonshire-highways/roads-and-streets/Pages/report-highway-problem.aspx

**Horses** Riding or walking horses along the village pavements can cause damage and it is an offence under the Highways Act 1935.

Aynho Shoppers' Bus The coach still runs weekly on a Thursday.

Return fare £5.00 from Aynho (unfortunately bus passes cannot be accepted).

Every Thursday: 9:20am Aynho to Banbury via Kings Sutton

12:20pm Leave Banbury for Aynho 12:45pm Aynho

#### **Planning Applications:**

No planning applications received.

The next meeting to be held at the Village Hall committee room is: Mon 3<sup>rd</sup> February 2020 at 7:30pm.

#### **Contact details**

Chris Wilson is the Parish Clerk and can be contacted on email clerk@aynho.org or phone on 07887548774 or you can find us on the website www.aynho.org

**AYNHO W.I.** 

(3<sup>rd</sup> Wednesday) 19<sup>th</sup> February 7.30pm



Our first talk of the year was from Caroline Clarke of Age Concern who gave a very interesting insight into what is available for any needed future assistance but, even more interesting was the exercises that we could and should be doing – even sitting down – to help a very important matter of 'growing up', that is of ensuring good balance to help keep our bodies forever safe and supple! There followed a sociable evening catching up with all our latest news and renewing our annual

memberships; and on this subject we are pleased to say that we have the interest of some more new members. Also we had a raffle for all the goodies remaining after our 'Waitrose foodie' talk last November with happy winners and the resulting funds being given to our Age Concern speaker Caroline. Also please note that a future walk with the Northamptonshire WI on Saturday the 7<sup>th</sup> March sounds interesting for us as it is to nearby Stowe Park; if you would like to join this walk do please let someone on our Committee know so we can organise some travel plans.

Our next **meeting in February** will be from Rosie Burke, talking about her role towards helping **"Countryfile"**, now that sounds quite intriguing so look forward to seeing you then, and also a welcome to our new members. ??

**Contact: Mrs Barbara Watkins 811152** 



# AYNHO HISTORY SOCIETY (Last Wednesday) 26th February 7.30pm Entry £2.00 Local Boys Save the Day



The greatest military invasion of all time, the D Day invasion of Nazi held Europe, was equally one of the riskiest military actions ever undertaken. Its success depended on the ability and determination of a handful of local men. **This is their story** 

After his much enjoyed talk last year retired head teacher Chris Bazeley returns to tell all!

Any queries to: Peter Cole 01869 811261 or Keith McClellan 01869 810346

More Village Hall Activities:

LINE DANCING -Monday 2.00pm.

PILATES - Mondays & Wednesdays 10.00am For info: RedfernPilates@gmail.com

SHORT MAT BOWLS-Tuesday 2.30pm-4.30pm

DIMENTIA ACTIVITIES -Friday 11.00am-3.00pm

Contact: dementiaactive@gmail.com www.dementiaactive.co.uk

#### **OTHER ACTIVITIES for your pleasure:**

Adderbury, Deddington & District Photographic Society – at The Apricot Room, Cartwright Hotel. 5<sup>th</sup> February 7.30pm.

Subject entitled "Landscape Thought Process" with Nathan Barry. All Welcome

Contact: wmeagher@gmail.com

KNIT & STITCH 2.0 – 4.0pm 11<sup>th</sup> & 25<sup>th</sup> February. 2, Portway Gardens.

Do come and join us - "cuppa" included.

Easy knit blankets for beginners!

Contact: Glenwys 810880

**THURSDAY HEALTH WALKS** start from the Sports Pavilion at 10.00 am. Three different lengths to choose from so all abilities are catered for. All ages welcome **and if you are new to the village** it is a good way to meet people and see the beautiful countryside around your new home. Refreshments are available and a chance to chat over a coffee makes it a very pleasant way to exercise.



For further details please contact Kathy White on 810418 or <a href="mailto:kathywhiteaynho@gmail.com">kathywhiteaynho@gmail.com</a>

WINTER LUNCH CLUB in the VILLAGE HALL

February 2020 dates for Winter Lunch Club:

Thursdays: 6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup> Time: 12.15pm-1.30pm

No 'club' membership needed, come and join us for a home-cooked meal at very reasonable prices in the warmth of the village hall over the winter months (October-end of March). This year all profits, after hall hire and ingredients, will be

donated to the Village Hall, St Michael's Church (specifically towards the cost of relining the velvet curtains), Katherine House Hospice and Dementia Active.

We look forward to welcoming you. Amanda

Croughton Cinema - February 21st - "Downton Abbey"

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#### From your Parish Council -

#### New Community Hospital - Brackley.

The new hospital and replacement to Washington House medical centre is being discussed at our next ward (Croughton, Evenley & Aynho) meeting at the **end of January** with a presentation and update from Caryl which Andy Anderson and myself saw at Brackley Parish Forum early in December.

#### Letter from the Chairman of the new Charity

I am chairman of the new charity which has been formed in respect of the new community hospital in Brackley which is currently under construction.

The charity, which is called Brackley Community Hospital 2020 Trust and is registered with the Charity Commission (number 1185445), will essentially have a strategic role in managing the publicly raised funds which will go towards the acquisition of additional equipment over and above that which is deemed essential by the NHS for a facility of its size and with its remit. The Trustees are also actively seeking potential funds from many other charitable sources.

The hospital and all the NHS facilities within it will benefit not only the residents of Brackley but also those of the surrounding villages – whether in Northamptonshire, Oxfordshire or Buckinghamshire – whose population are served by the GP surgeries in Brackley.

I have therefore attached a brief information piece which you may like to share within your parish: this may be via your village newsletter or on your village website or simply stuck on your village

noticeboard. It is important that we inform as many people as possible of progress with the site as it is an exciting new development for all of us, and one for which we have waited for so long.

Additionally, I would be delighted to come along and speak to a meeting of your parish council or, even better, your annual Parish Meeting in the spring. I have plans of the building which demonstrate the breadth of the facilities that will be available, and I am happy to answer questions. If any are too technical for me, I will undertake to get responses and feed them back to you. Alternatively, if you have village coffee mornings or similar gatherings and would like me to attend, I will be delighted to do so. I have already spoken for example to Evenley Parish Council; I have bookings for the Annual

Parish meetings in both Evenley and Westbury plus a three-village gathering in Aynho; I attended a coffee morning in Syresham where the charity was fortunate to receive the proceeds of the event. So my trustees and I are very flexible and very willing to do whatever we can – and whatever you would like – to ensure that word gets out.