



Aynho
The Apricot Village

NEWSLETTER

SEPTEMBER 2019

GOODBYE SUMMER



HELLO AUTUMN



MACMILLAN CANCER
SUPPORT



LUNCH CLUB



ASTWICK VALE BENEFICE CHURCH CALENDAR - SEPTEMBER 2019

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in the-HEDGES-STEANE

Sunday: 1st Aynho Holy Communion 11.00am

(Sidespersons: Mrs.White. Mr.Bellamy)

Croughton: Evenley: Taize 6.0pm
Farthinghoe: Said Communion 9.30am Hinton: Morning Worship 11.0am

Sunday: 8th Aynho Matins 11.00am

(Sidespersons: Mrs.Wade. Mr.Sutton)

Croughton: Holy Communion 9.30am Farthinghoe Family Service 10.0am
Evenley: HARVEST Festival 11.00am followed by lunch
Steane Evensong 6.0pm with Speaker – A.Cooke.

Sunday: 15th Benefice Communion at AYNHO 10.00am
(Sidespersons: Mrs.Chong. Mr.Sutton)

Sunday: 22nd Aynho Holy Communion 11.00am

(Sidespersons: Mrs.Bellamy Mrs.Pusey.)

Croughton: Holy Communion 9.30am
Evenley: Family Worship 9.30am with Baptism
Hinton: Holy Communion 11.0am with Baptism
Farthinghoe:

Sunday: 29th Benefice Communion at STEANE 10.0am

Farthinghoe HARVEST & Patronal Festival followed by
Soup Supper 6.0pm.

Morning Prayer	Thursdays in Church 8.30am
Morning Bible Study	Monday 9 th 10.30am with Mrs.R.Sermon, Souldern
Home Communion	Monday 16 th 11.00am at 16, The Butts
Church Cleaning	Thursday 19 th from 9.45am onwards
Prayer Group	Thursday 19 th 2.30pm at 16, The Butts.
P.C.C.Meeting	Tuesday 24 th 7.0pm in Church
Bell Ringing	at Aynho the 3 rd Tuesday of each month 7.30-9.00pm
	Evenley 1 st Kings Sutton 2 nd & 4 th Croughton 5 th

Information about the life of Aynho church -

enquiries from: **Rev.Sue Cooper** – revsue.cooper@gmail.com Tel: 01869 – 810903
or **Church Warden** - Graham Gibbs 01869 819727

Items for October 2019 - before or by September 20th please to:

Sybil at No.32 Roundtown Tel:810692 Email: syban@btinternet.com (Vol.641)
and any comments re Newsletter to Rector – Church Warden..... or Sybil.

This Newsletter is issued by:

**ST.MICHAEL'S CHURCH - AYNHOand printed by
HAMPTONS ESTATE AGENTS – DEDDINGTON**



Pastoral Letter.....Hello Everyone.

I hope you have enjoyed the long days of Summer, and hopefully we will have many more warm, sunny days throughout Autumn,. September is a wonderful mix of old and new. Summer is growing old and tired, but the Children are preparing to go back to school for a new academic year, and one of the first things the schools will be arranging are their Harvest Assemblies. Harvest is one of our major Festivals in the Church, and a good opportunity for us to give thanks for all the food and drink we have. It wasn't until I came to Northamptonshire some years ago that I really made the connection between the food on the shelf in Tesco's, and the hard working Farmers. Being a Townie I rarely saw a tractor, or combine harvester, and I rarely saw fields of crops growing, so I took food for granted. Last year I had the pleasure of doing an extended placement with Emmanuel Church Weston Favell, and they run a food bank every Wednesday morning. I was shocked at the high demand for food parcels, and humbled by the cheerful, kind people who volunteered their time and energy to run the whole operation. It's hard to imagine not having enough food to eat. My parents lived through World War 2 and remember the hardships of rationing, but unless you have experienced it yourself, it's hard to imagine. I did however manage to really empathise with the food bank clients. Many of them were hard working people who were either down on their luck, or were in fact working, and still not able to make ends meet. The food parcels were a lifeline and gratefully received, but it did make me wonder how we have come to such a desperate place as a nation. Food shortage is not a problem in the UK, but none the less, it is a reality for many families, and like I said, unless we experience something ourselves, it is hard to imagine what it is like. I would like to invite you all to one of our Harvest Festival services. It's a great way to thank God for the crops, and the food we eat, and it's a good way to reflect on, acknowledge, and pray for the farming community and all those involved in the food chain, and their hard work to bring food to our tables. Even if you are not usually a Church goer, we would love to see you, and welcome you to share in this special festival All the Churches will be gratefully receiving contributions of goods and produce, which will then be either auctioned in the case of perishable foods, and the proceeds given to Charity, or donated to local food banks and local food distributors, who will pass it on and bless others with it. Many thanks, and God bless you,

with love Sue Cooper (Revd)

To all **AYNHO GROUPS**..... Yes – another year has rolled by and it will soon be HARVEST TIME again when we fill our Church with the results of our “hard work” in the gardens and give thanks to God for the beauty of our flowers and for the produce for our tables. Last year all of you displayed lovely arrangements depicting the interest of your Group and we would love you to do the same again this year.



Harvest Festival will be on Sunday October 6th at 11.0am

Please contact Jenny Pusey on 01869 810377 with your confirmation and for any further information.

LADY HELEN BOSWELL

The Boswell family would like to thank residents of Aynho and the local community for their kindness and support following their recent bereavement; including the many expressions of sympathy and the action all took working together to ensure such a memorable Thanksgiving Service for her on Friday 2nd August. Our particular thanks go to the Reverend Sue Cooper and other clergy, the organist, choir and ushers, plus those who worked to make the Church so beautiful, and those who donated so generously to our nominated charities of Katharine House and St. Michael's Church. Helen had worked with love and dedication for fifty years to support our local community; and we will be for ever grateful that you all 'did her proud'

From your **PARISH COUNCIL**

Aynho Street Lights – Award of Contract

The Parish Council is responsible for the provision and maintenance of the 36 streetlights that are situated within the Village (including Aynho Wharf). The lights are provided for the pedestrians. We pay the electricity and maintenance from the Aynho Precept (part of your Council Tax Bill) and currently spend £2,650 for electricity and £450 in routine maintenance plus additional costs if current light fittings fail. This represents about 10% of our annual budget.

In November 2018 the Parish Council undertook a consultation about replacing the existing streetlights within the village; modern streetlights, using LED technology, are about 80-90% cheaper to operate. Following consultation we sought four companies to tender for streetlight replacement and at the July PC meeting selected a contractor to undertake the works, which is expected to be undertaken in October 2019.

The contractor selected is Zeta Specialist Lighting Ltd, based in Bicester.

The Parish Council is to replace all the current lights as most of the fittings within the village are old and utilitarian and as such not particularly in keeping with a Conservation Village. There is also a mix of fittings and light colours. All new lights will be of a Heritage Style and thus a uniform feel throughout the village. Where possible existing columns will be retained and painted black and where lights are mounted on disused electricity posts – these will be replaced with new columns and lights. New lights will be “top down” thus reducing light pollution and will dim to 50% power from midnight until 5am and will be “warm” light colour at 2700K.

Having selected the contractor and light fittings the expected electricity bill will now be £450 – a saving of 83% per year in our case. The annual maintenance cost will also reduce significantly.

More details will be published on the Aynho website including images of the light to be used. If you have any questions please clerk@aynho.org or send them in writing to The Clerk, Scholars Corner, 3 School End, Aynho OX17 3BS

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Don't forget the “CAR BOOT”

Sports Fields

Monday August 26th

## ***All for your Entertainment in the Village Hall.***

**ARMS** we next meet in October. See you then.

**“ARMS” Contact: Bob Mann 810264**

### **AYNHO GARDENING CLUB – Wednesday 11<sup>th</sup> September 7.30pm.**



At our next meeting, Chris Ward will be talking to us about ‘**101 Things You Never Knew About Garden Birds**’ Come along and learn something new about our feathered friends.

Thank you to everyone who joined in and entered items in the Flower and Vegetable Show last month – it is a great village event. The Village Hall was filled with wonderful flowers, vegetables and produce despite the downpour on the evening prior to the show and the other extreme weather that us Gardeners have had to cope with. A huge thank you to all those who helped make the show run smoothly.

**Contact: Annabel Bellamy 810847**

### **W.I. An “OPEN” Meeting on Wednesday September 18<sup>th</sup> 7.30pm**

Yes, we did have a fun Meeting at our President Barbara Watkins’ lovely garden in July – O.K., we did have a little bit of rain but not enough to spoil the tea and cakes or the clock golf plus a miniature version of Aunt Sally.

Our next Meeting, which is an **OPEN** one, meaning all your friends and neighbours can come along plus WI members from other areas, is a talk by Harriette Thomas on “The Glamour of Good Health” – details of which I cannot give you as Harriette prefers to keep us all in suspense till the event. Apart from her many talks, she has other talents, so I think we are going to be pleasantly surprised, entertained and informed. We do look forward to this talk and especially seeing many of you there.

**Contact: Mrs B Watkins 811152**

### **WRITERS GROUP - Saturday September 14<sup>th</sup> 10.0am-12.30**



Last month we heard some intriguing stories of “Forgotten items found in the attic” and the memories they brought. This month we will be hearing about “Love or hate of Wildlife” or “Sour Grapes”.

**Contact Keith McClellan 810346**

### **HISTORY SOCIETY - Wednesday September 26<sup>th</sup> 7.30pm. Entrance £2.00**



Rainsborough Camp is an Iron Age hill fort near the village of Charlton.

It has a defensive ditch with an earth embankment and was first occupied by Iron Age tribes during the 6th Century BC.

Excavations between 1961 and 1965 revealed more of its history.

Who better to tell us about Rainsborough and the discoveries made than Andrea Gladden who lives at the Rainsborough Camp Farm which now encompasses the land on which it was constructed.

Come along and find out more.

Any queries to **Peter Cole 01869 811261** or **Keith McClellan 01869 81034**

**YOGA CLASSES** – Classes will be continuing. All are drop-in classes at a price of £7 per session. If you have children who are able to sit quietly or read or play on a phone they are welcome to come along or join in for free.

**LINE DANCING** will resume as usual Mondays at 1.30pm

**DEMENTIA ACTIVITIES – Fridays – from 11.0am-3.0pm. in the Hall.**

Do come and join us - £5 donation at the door.

Contact: [dementactive@gmail.com](mailto:dementactive@gmail.com) [www.dementiactive.co.uk](http://www.dementiactive.co.uk)

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**HEALTH WALKS** – Despite the very changeable weather our village Health Walks still run every Thursday morning at 10.0am from the Sports Pavilion. You need never feel lonely or worried about trying to start exercising if you have spent some time confined to your house and have lost your confidence. The three walks are designed to cater for everyone and is an ideal way to get out and meet people and do things at your own pace, gradually progressing as you get used to it. Refreshments are always available and there is always a chance of people to speak to. You can learn a lot about the village and surrounding area as you get fit. The numbers are not too great so you will not feel overwhelmed. Please do COME AND TRY IT.



Contact: Kathy White on 810418 or [kathywhiteaynho@gmail.com](mailto:kathywhiteaynho@gmail.com)

**Don't Forget - RIDE & STRIDE- Saturday 14<sup>th</sup> September**



Have you yet been sponsored to Ride or Stride? A lovely way to see the countryside – you will be “refreshed” on your journey and all this to raise funds for the upkeep of our..... **historical churches**.

Contact: Pat Stubbs 810695 or [pitcairn4@gmail.com](mailto:pitcairn4@gmail.com)

*Then, after all that exercise, enjoy an evening out at.....*

**PROMS IN THE HALL – Saturday 14<sup>th</sup> September 7.15p.m – 10.30pm. in the Village Hall**



Fancy an evening of fine music, flag waving and kazoos? Then come to the Hall to watch the Last Night of the Proms. Bring some nibbles, a bottle of something and your best singing voice to make the evening go with a swing.

From orchestral dances and marches to songs and arias. Offenbach's light-footed musical comedy to Verdi's operatic tragedies, world premiers to traditional favourites, this year's Last Night of the Proms is a spectacular climax to the world's greatest classical music festival.

Charismatic American mezzo-soprano Jamie Barton, whose lustrous voice has established her as one of the most exciting performers of her generation, joins Sakari Oramo and the B.B.C Symphony Orchestra and Chorus to lead the musical celebrations” (BBC). There will be no charge for entry, donations will be gratefully accepted to offset the cost of the function. Any additional monies generated will go towards equipment for the Village Hall.

Chris Coopman ([cdcoopman@gmail.com](mailto:cdcoopman@gmail.com))



## Adderbury Deddington & District Photographic Society – September 4<sup>th</sup>

Meeting at “The Apricot Room”, Cartwright Hotel 7.30pm. when a presentation will be given by Rod Bird entitled “Image Organisation”

All welcome to attend.

Contact: [wmeagher@gmail.com](mailto:wmeagher@gmail.com)

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### SUMMER RECYCLING PROJECT.

A reminder of the recycling project for used crisp packets, bread bags, etc. **The bin, however, is now situated by the small playpark off the Black Path.** Remember the proceeds from these recycled wrappers will go to help rescue small animals at the Springfield Sanctuary in Banbury.

**AYNHO ACTIVE** is delighted to say that the first three Parish Council funded training sessions up at the Sports Field were well received by everyone who came along.



Trevor from “Body Sculpture” put us through our paces and showed us how to get the best out of the new exercise equipment. Trevor is now running his own boot camp up there on a Sunday morning at 10.0am. This is open to anyone and costs £10 per head.



*This is Trevor*

The Parish Council is going to fund two more sessions in September on Sunday 8<sup>th</sup> & 15<sup>th</sup> to make sure that any villager who may have been away for the first three, has another chance. It's a great work out and absolutely free of charge on those dates so make sure to put them in your diary. All ages and abilities welcome, do as much or as little as you feel like.

Rachel Moroney

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Come and join us for Coffee, Cake and Chat in aid of

### Macmillan Cancer Support

(registered charity no: 261017)

Date: **THURSDAY 26<sup>th</sup> SEPTEMBER 2019**

Place: Aynho Village Hall Time: 10.30am – 12.30pm

In return for coffee/tea/cake please make a donation to this amazing charity. Everyone welcome.

*Amanda and Amanda*

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CANCER RESEARCH U.K. *We have been requested to advertise the following:*

“Antiques Night Talk” Friday 8<sup>th</sup> November 7.30pm at Buckingham Community Centre with Andy McConnell from the Antique Roadshow Tickets £12.50. Tel: 01280 816483

*(bring a piece of glass with you he may be able to value it with his usual smile!)*

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Would you like a small space set aside for your SALE items?? Let me know...Sybil.

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**SMITHS NEWSAGENTS –**

**Tel: 01295-268499**

**Early delivery to your door – any combination of days/weeks catered for – just ring**

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**BULLS HEAD GARAGE (Souldern)Ltd.**

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**N.D.ELECTRICAL – N.D.Mobley – Brackley.**

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**EVE'S SALON**

I'm Nicola Eve and I am an Aynho based therapist and theatrical make up artist in training. I can currently offer beauty treatments at reduced prices to include facials, manicures and pedicures (including gell nails), waxing, tinting, special occasion make-up and styling, special effects, body & face art.

I have a little salon based in the garden of 11 Portway which is open for treatment on Fridays from 2 – 6pm or Saturdays from 10.0am – 2pm. Example prices are £12 for a manicure, £15 for a facial, £7 for an eyebrow tint.

Discount of 10% on any combined treatment.

I am fully insured and can also offer volunteer help for media make up projects to gain further experience.

**Landline telephone 0330 113 6008 (this is a local call) Facebook: Eves.salon.17**

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