

NEWSLETTER AUGUST 2019

Aynho Gardening Club Flower and Vegetable Show

Saturday 17th August

Aynho Village Hall 2.30pm—4.30pm

There are a variety of categories for both adults and children so why not try your luck and enter!

See inside for your Schedule, Entry Form and Recipe



ASTWICK VALE BENEFICE CHURCH CALENDAR - AUGUST 2019

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in the-HEDGES-STEANE

Sunday: 4th Aynho Holy Communion 11.00am

(Sidespersons: Mrs.White. Mr.Bellamy)

Croughton

Evenley No Taize during August Farthinghoe Said Communion 9.30am Hinton Morning Worship 11.0am

Sunday: 11th Aynho Matins 11.00am

(Sidespersons: Mrs.Pusey Mr.Sutton)

CroughtonHoly Communion9.30amEvenleySaid Communion11.0amFarthinghoeFamily Service10.0amSteaneSongs of Praise6.0pm

Sunday: 18th Benefice Holy Communion 10.00am

HINTON

Sunday: 25th Aynho Holy Communion 11.00am

(Sidespersons: Mrs.Bellamy Mrs.Wade.)
Croughton Holy Communion 9.30am
Evenley Family Worship 9.30am

Farthinghoe Evensong 6.0pm

Hinton Holy Communion 11.0am

Morning Bible Study Monday (none during August)

Prayer Group
Home Communion
Church Cleaning

Tuesday 13th 2.30pm at 16 The Butts
Monday 19th 10.30am at 16,TheButts.
Thursda 15th from 9.45am onwards

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Bell Ringing Tuesdays 7.30-9.0pm Evenley 1st Kings Sutton 2nd & 4th Croughton 5th Ayrho 3rd n/vg Woddings on 17th Ayrayst 1 0nm (12.30)

Croughton 5th Aynho 3rd plus Weddings on 17th August 1.0pm (12.30) 24th

August 4.30pm (4.0pm) and 31st August 3.0pm.(2.30pm)

Information about the life of Aynho church -

enquiries from: **Rev. Sue Cooper** – revsue.cooper@gmail.com Tel: 01869 – 810903

or Church Warden - Graham Gibbs 01869 819727

Items for September 2019 - before or by August 19th please to:

Sybil at No.32 Roundtown Tel: 810692 Email: syban@btinternet.com (Vol.640) and any comments re Newsletter to Rector – Church Warden or Sybil.

This Newsletter is issued by ST. MICHAEL'S CHURCH - AYNHO

and printed by HAMPTONS ESTATE AGENTS
DEDDINGTON

Can you believe that we are into August already! I always think August is a strange month. It's as if we enter a different time zone where nothing seems routine; Christmas is the other time this happens, but unlike Christmas, August is a time when everything slows down. Traditionally August is holiday time, and can be a time when we can take some of the busy-ness out of life, (unless you're a farmer).

This can be a luxury for many people nowadays. But hopefully we try to take some time out for recreation, and when we do this we feel ourselves coming back into balance and gaining a better perspective on life. We feel re-created through our recreation. It has always been Gods intention that we all take regular times for rest and recreation, and in so doing we are refreshed and renewed, and often it's what keeps us sane and well.

But time to stop and rest is something that our fast paced world knows little about; but never the less it is God's intention for us. In fact it is so important that he did it himself. Our creation story in Genesis said that on the 7th day God rested after all his work and he blessed the 7th day and made it Holy and to be set apart from the rest of the week. This is Gods way of teaching us that we all need a rest day once a week. The bible calls this a 'Sabbath', and it is for our benefit. It is a day to stop work and do something that is recreational and life giving. Try to make a date in your diary to always have a 'Sabbath' or 'rest day' once a week. It doesn't have to be on Sunday; mine is on Friday's, but it does need to be a day that is different from the rest of the week and set apart for rest and renewal, that way you will be able to reconnect with yourself, and with God.

This is sometimes hard to do, especially if you are looking after young children, or are a carer for somebody else. But it is still important that you try to schedule in even small windows of time into your week so that you can have some rest and renewal, or some 'me time' as it's called nowadays. This is essential for your own wellbeing. However we do it, all of us need to take time out of our busy weeks if we are to stay well physically, mentally and spiritually. This was something Jesus did regularly. Jesus led a very busy and active life, but even so, we read in the Gospels that he often took himself off to a 'quiet or solitary' place to pray and get some space, so that he could be refreshed and renewed for the busy days ahead. If Jesus needed to do this, then so do we. So this holiday time, enjoy your rest, where ever you are, and whatever you are doing - but come back determined to look after yourself better by having a regular Sabbath day of rest and renewal. A day when you stop work and do something you enjoy. We all need it, and it is God's will for your life!!

With love Rev Sue

RIDE & STRIDE— Saturday 14th September



A great day out discovering England's churches. As well as raising much needed funds to keep churches in good repair and active in our communities, Ride & Stride is the perfect opportunity to visit many of the lovely villages around Aynho and to enjoy some beautiful countryside on the way. You can plan your own route, whether walking or cycling, and if you so choose cross into neighbouring counties such as Oxfordshire.

If you have never done this, why not start this year? You will probably meet a lot of like-minded people on the way!

Contact: Pat Stubbs 810695 or pitcairn4@gmail.com

All for your Entertainment!



ARMS

Next meeting in the Autumn See you then.

"ARMS" Contact: Bob Mann 810264

AYNHO GARDENING CLUB ANNUAL FLOWER & VEGETABLE SHOW

will be held in the Village Hall on **Saturday 17th August**. At the back of this newsletter is a programme for the show, recipe and entry form – please take a look and enter a class or two. The Committee put in a huge amount of time and effort to put this show on and it is the participants who make it fun, so do please join in.

The Show is open to **all** residents of Aynho. **Tea and cakes** will be served during the afternoon and there will be a raffle as usual. For those of you who enjoy the produce, this will be auctioned at the end of the afternoon.

Any cakes and raffle prizes will be greatly appreciated.

So please support Carol McClellan, our Show Organiser and the Gardening Club Committee.

Contact: Carol McClellan – Show Organiser – 810346 or any Member of the Committee

W.I. – Our June Meeting was a talk by Christine Farmer, a dedicated Committee Member of the NFWI and frequent speaker; this talk on the "History of Masks" (one of many she does) was absolutely fascinating, as not only did she explain the materials used to make them and their uses in different ceremonies and rituals, but made us laugh with all the interesting memories she had of when and where she bought or was given the masks in the first place. She talked about each one she had brought with her but pointed out that this was only a fraction of what she had stored at home!. So another time. As this is being written the sky is looking a bit suspicious and I know our gardens need the rain but hopefully we will have had a perfect day for our July Garden Meeting. No August meeting, but we will be together again on September 18th to hear a talk by Harriette Thomas on the "Glamour of Good Health" which will be an **Open** meeting. Until then it is hoped that you all enjoy the rest of the summer months.

Contact: Mrs. B. Watkins 811152

WRITERS GROUP- Saturday 10th August 10.0am 12.30 in the Village Hall.

At our July Meeting we had a range of reactions to "Winning the Lottery" and "The Summer Solstice" and others. This month we will hear about "Invalid Passports" and "Long lost objects found in a loft clearout!" Watch the website for a lovely poem.

Contact Keith McClellan 810346

HISTORY SOCIETY = our next Meeting is in September

Any queries to Peter Cole 01869 811261 or Keith McClellan 01869 81034

YOGA CLASSES – Classes will be continuing with some Summer Sessions on the following dates: **30**th **July 13**th**August 20**th**August**. All are drop in classes at a price of £7 per session. If you have children who are able to sit quietly or read or play on a phone they are welcome to come along or join in for free.

Comments from her regulars include

"Nichola's yoga class is welcoming as well as fun and the results are good too"

"Nichola is a funny, friendly lady who makes yoga accessible for everyone".

LINE DANCING – None during the month of August

DEMENTIA ACTIVITIES - Fridays - from 11.0am-3.0pm.

On Friday 23rd August the "Adderbury Ukes" will be coming to play.

Do come and join us - £5 donation at the door.

Contact: <u>dementactive@gmail.com</u> <u>www.dementiactive.co.uk</u>

and then your HEALTH WALKS - Every Thursday 10.0am from

The Aynho Sports Pavilion, a choice of three distances all with qualified leaders..... and refreshment at the finish!!

Contact: Kathy White 810418

SUMMER RECYCLING PROJECT.



A black bin has been chained to the Portway end of the Black Path and we are hoping that villagers will use it to place their used crisp packets, bread bags, biscuit and cake wrappers and confectionery packaging. There are instructions attached indicating what can be taken and if they can be sorted into a bread bag that would be very helpful. Not only will you help protect the planet but the proceeds from the recycled wrappers will go to Springfield Sanctuary in Banbury who rescue small animals. Please drop your collected wrappers on your way to the Sports Field or on your daily dog walk.

Many thanks. Linda, Mel and Kay.

Adderbury Deddington & District Photographic Society - August 7th Meeting at "The Apricot Room", Cartwright Hotel 7.30pm. when a presentation will be given by Viveca Koh F.R.P.S entitled "A Photographers Perspective – My Life through a Lens" All welcome to attend.

Contact: wmeagher@gmail.com

FROM YOUR PARISH COUNCIL.....

Aynho Shoppers' Bus

The Parish Council have approved support for the bus run by Kings Sutton for July, August and September. The service now can stop on request at Morrisons in Banbury – ask the driver for details. The Kings Sutton coach runs weekly on a **Thursday** the return fare £5.00 from Aynho (unfortunately bus passes cannot be accepted).

Every Thursday: 9:20am Aynho to Banbury via Kings Sutton

Planning Applications:

S/2019/1405/FUL: Land Adjacent To 1 Butts Close, Aynho, Northamptonshire.

One-bedroom dwelling with front solar panels.

S/2019/1380/TCA: Aynhoe Park House, Aynho, OX17 3BQ.

- 1) Yew tree at entrance to park Trim to low branches and small amount of shaping.
- 2) Yew tree at entrance to park Trim to low branches and small amount of shaping.
- 3) Yew tree on the terrace to the west of the house lifting of canopy

S/2019/1307/FUL: College Farm, Station Road, Aynho, OX17 3FZ.

Erection of a stable block and associated works.

The next meeting to be held at the Village Hall is: **Mon 2nd September at 7:30pm** at the Village Hall. **Contact details**

Chris Wilson is the Parish Clerk and can be contacted on email clerk@aynho.org or phone on 07887548774 or you can find us on the website www.aynho.org, Facebook and Twitter.

Newbottle & Charlton School Update.

As we came to the last few weeks at school one might have hoped that the weather would have been sunny and warm – alas, this was not the case and the rain meant many events were postponed and even cancelled.

Transition to Secondary school has begun and this year we are sending off 11 children from Primary into their next exciting adventure at Secondary School. This year the majority are going to Magdalen in Brackley but others are going to Sibford, Chenderit and Kings High. All children have a transition process whether it be moving key stage, class or maybe staying in the same class but different children will be with them. As a result, we ensure we have a transition day 'Shuffle Up Day' where children can get an idea as to what September will be like!

Also we welcome new starters into Reception too. This year due to a large number of siblings and catchment children we have increased our Published Admission Number (PAN) from 15 to 20. This is a one off! These children have been into school a couple of times as well as Miss Dooley visiting them all in their Pre School setting – this we hope gives the children a smooth start to school, familiar with routines and faces!

In our last term we held an amazing mud run – the school field was transformed into an agility course with much water and great fun was had. This helps raise funds for the PTFA and was once again a tremendous success. Here are a few photos of the soggy event – made even more wet by the fact it rained most of the day!

Mrs. Smith. Head Teacher









SMITHS NEWSAGENTS – Tel: 01295-268499 Early delivery to your door – any combination of days/weeks catered for – just ring **BULLS HEAD GARAGE (Souldern)Ltd.** Tel: 01869-345281 Car & Light Commercial Vehicles -Repairs- Services – M.O.T. N.D.ELECTRICAL - N.D.Mobley - Brackley. Domestic & Commercial Installation & Maintenance Tel:01280-700905 Mobile -07922005629 **DIRTY DUSTERS** for Home & Office Cleaning. Show House Cleaning. Ironing Service. A Friendly & Reliable Service. Quality guaranteed Police checked. Fully Insured. . References available. Call RAINE & WENDY 01295-251120 or 07584 300257 SANDY BILLY (BSc.(Hons) (MChs) Private Podiatry/Chiroprody Service -Tel: Mobile 07792212988 emailsandynbilly@yahoo.com **Deddington Health Centre.** Nail Care-Diabetic Foot Care-Insoles/Orthotics Corns and Callus (hard skin) Foot care & Foot wear advice. HP registered. Clinic/Home Visiting Service. **ESTERVAN INTERIOR DESIGN** consultation by the hour: room scheme: soft furnishings: lighting plans and more. For further details please contact Vanessa Mills. Website:www.estervan,com Email info@estervan.com Phone: Vanessa 07751435805 ANGELA EWENCE - Beauty & Aromatherapy Treatments. Also CACI (non-surgical facelift) & Electrolysis. Fully Qualified & Babtac insured. Home Treatment. Tel: 01295 – 811359 www.angelashouseofbeauty.co.uk

I'm Nicola Eve and I am an Aynho based therapist and theatrical make up artist in training. I can currently offer beauty treatments at reduced prices to include facials, manicures and pedicures (including gell nails), waxing, tinting, special occasion make-up and styling, special effects, body & face art.

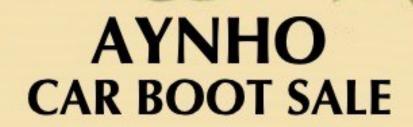
I have a little salon based in the garden of 11 Portway which is open for treatment on Fridays from 2 – 6pm or Saturdays from 10.0am – 2pm. Example prices are £12 for a manicure, £15 for a facial, £7 for an eyebrow tint.

Discount of 10% on any combined treatment.

I am fully insured and can also offer volunteer help for media make up projects to gain further experience.

Landline telephone 0330 113 6008 (this is a local call) Facebook: Eves.salon.17

For AVON Mobile 07805678920 www.avon.uk.com/store/helenparrishonline



Aynho Sports Field Charlton Road

Bank Holiday Monday, 26th August From 7.30am to 12.30pm

(Traders from 7.00am)

Café & Refreshments available at Pavilion Bouncy Castle & Face Painting

Sorry, No Dogs on Field

£7 PER CAR & £10 PER CAR WITH TRAILER OR VAN

ALL PROCEEDS TO AYNHO ACTIVE

www.aynho.org/carboot

AYNHO GARDENING CLUB

36th Annual

Flower & Vegetable Show

Saturday 17th August 2019

Village Hall, Aynho



Time: 2.30pm - 4.30pm

Admission:

Adults 50p

Exhibitors and Children Free



Schedule and Rules of the Show

Judges: Mr T Godfrey, Mrs L Mann, Mrs J Dogherty & Mrs T Parker

Show Secretary: Mrs C McClellan

AYNHO GARDENING CLUB 'ANNUAL SHOW'

SATURDAY 17th August 2019 IN THE VILLAGE HALL

Doors Open: 2.30 pm. Show Closes: 4.30 pm.

Admission: Exhibitors Free. Others: Adults 50p, Children Free

RULES OF THE SHOW

- Exhibitors need not be members of The Aynho Gardening Club, but if not, must be resident in 1. All exhibits must have been grown by the exhibitor, unless otherwise stated in the rules.
- 2. The entrance fee for each exhibit shall be 20p, payable when the entry form is handed in.
- 3. Only one entry will be allowed in each class for each person
- Entries must be staged between 9.30 am. and 11.15 am.. on Saturday.

- 5. Prize money will be First = 50p, Second = 30p, Third = 20p in each class.
- 6. Prize money will be paid between 3.00 p.m. and 4.00 p.m. on the day of the show.
- 7. Exhibitors must bring their own staging material, i.e. vases, plates, etc. For the purpose of this
- a vase will be a container which is higher than it is wide.
- 8. No exhibits are to be removed from the tables while the show is open, except if requested to do so by the show manager or a member of the committee.
- The committee reserves the right to refuse any entry.
- 10. Judging will be by independent Judges and will take place from 11.15 am.

The Judge's decision is final

- All details & measurements in the schedules must be adhered to.
- 12. Any objections must be made to the Show Secretary, Mrs Carol McClellan, either directly or via another committee member.
- 13. Non-competitive exhibits will be welcome, subject to display room. Please inform Mrs Carol McClellan before the day of the show.
- 14. All entry forms and entry money should be given to one of the following by 7.00 pm. on Thursday 15th August.

Mrs Annabel Bellamy at 6 The Square Mrs A Limb at 33 Blacksmiths Hill Mrs C McClellan at 10 The Butts

15. There will be an auction of produce at 4.00 pm. and it is hoped that as many people as possible will kindly leave their exhibit(s) for sale at this auction. If, however, an Exhibitor wishes to keep his/her exhibit, please remove it at 4.00 pm. when called upon to do so. The raffle will be drawn at about

CLASSES

Flowers

- 1. One vase of hardy perennial border flowers
- One vase or bowl of annuals
- One bowl of cut herbs, decorative and/or
- and/or foliage, may include bulbs, shrubs, One vase or bowl of any garden flowers
- 5. One specimen flower, not a rose, sweet pea, dahlia or gladioli

- 6. One specimen bloom, any variety
- 7. One specimen bloom, judged for perfume
 - 8. One stem cluster flower bush (floribunda)
- 9. One stem of miniature roses

- 10. One specimen bloom
- Vase of four dahlias (4 different varieties)
 - 12. Vase of three dahlias, decorative
 - 13. Vase of three dahlias, cactus
- 14. Vase of three dahlias, pom-pom (under 2 ins)
- Vase of three dahlias ball (over 2 ins)
- 16. Vase of 3 dahlias of one variety (different to

Gladioli

classes 12-15)

- 17. One specimen spike
- 18. Three gladioli of one variety
- 19. Four gladioli of mixed varieties

Chrysanthemums

20. Vase of three sprays

Sweet Peas

- 21. Bowl of annual sweet peas
- 22. Bowl of perennial sweet peas

Pansies

23. Four pansies staged on a box

Fuchsias

24. Three sprays of mixed or same fuchsia

Vegetables

- 6 Cherry tomatoes with calyx 25. 5 tomatoes, with calyx 26.
- 5 coloured potatoes 5 white potatoes 27.
 - 28.
 - 2 table marrows 29.
- 5 runner beans, with stalks 30.
- 5 French beans, with stalks 31.
 - The longest runner bean 32.
- 3 courgettes, with or without stalk & flower (max 6ins excluding stalk &
- 3 beetroot, with 2ins of leaf stem

flower)

- 6 shallots 34. 35.
- 3 white onions under 200g 36.
- 3 white onions over 200g
- 3 red onions under 200g 37. 38. 39. 40.
- 3 carrots, with 2ins of leaf stem
- 1 cucumber, greenhouse/frame
 - 41. 1 cucumber, grown outside
 - 2 lettuces 42.
- but peeled back to show the seeds on the 2 sweetcorn with outer leaves still intact 43.
- 18ins by 12ins overall only parsley may be used 44. Three vegetables chosen from the following six: Vegetables to be shown in a tray not exceeding 3 potatoes / 2 tomatoes / 4 shallots /4 runner beans / 3 carrots with 2ins of leaf stem /3 beetroot with 2ins of leaf stem
- 45. Two of one type of vegetable not covered in any of the above classes as a dressing
- 46. A trug of any mixed vegetables and herbs
 - 47. The longest marrow
- 18. The funniest shaped vegetable

- (All hard or stoned fruit must have stalks attached)
 - 49. Plate of 6 plums
- 50. Plate of 3 dessert apples
- 51. Plate of 3 cooking apples
 - 52. Plate of 3 pears
- 53. Plate of 24 blackberries, with calyx attached 54. Plate of soft fruit (not blackberries)
- 55. Plate of 6 apricots (no stalks)

Floral Art Rules Below)

- 56. An arrangement of flowers in an unusual container (no larger than 40cm wide x 30cm deep size) a. Natural plant material must predominate
- b. Flowers and foliage do not necessarily have to have been grown by the exhibitor c. A back-cloth may be used

- Alexa's Pickled Onion and Cheddar Tart (set recipe)
- 58. A Cake that includes at least one vegetable in the recipe (say what)
- 59. 6 Ginger Biscuits
- 60. One jar of chutney (dated at least 3 months old)
 - 61. One jar of pickles (dated at least 3 months old)
- 62. One jar of apricot jam
- 63. One jar of jam, other than apricot
- 64. One jar of marmalade
- 65. A Sour Dough Bread not made in a breadmaking machine or from a packet mix

Family Class (Children & Parents)

- 66. Save the Planet- Make a Fish / Sea Creature from recycled materials
- 67. A decorated hard boiled egg

Special Exhibits (Children may enter any of the dasses)

- 68. A colour photograph 'A Farming Scene' (max 7 ins by 5 ins unmounted)
- 69. A colour photograph 'Summer Abundance' (max 7 ins by 5 ins unmounted)
- 70. A hand-knitted garment (item not exhibited previously)
- 71. An article of needlework/embroidery (item not exhibited previously)
 - 72. A small article made from wood (item not exhibited previously)
- A craft item not covered in any of the above classes (item not exhibited previously) 73.

awarded to the Exhibitor who wins the highest number of First Prizes. The Aynho Gardening Club Shield donated by Ron Sawbridge, will be

Ihe George Ashbrook Trophy will be awarded for the best flower in

the show.

The Best Vegetable Cup donated by Mr T Godfrey, will be awarded for the best vegetable in the show. The Homecraft Plate will be awarded to the exhibitor with the highest amount of prize money in the Floral Art and Homecraft categories (Classes 56-65) The above awards will be held for one year and cannot be held outright.

The Royal Horticultural Society's Banksian Medal

classes at the show, classes 1 to 55. Competitors who have won the medal in the person with the largest amount of prize money in the whole of the horticultural This special medal from The Royal Horticultural Society is to be awarded to the previous two years are not eligible to win the medal this year.

Alexa's Pickled Onion and Cheddar Cheese Tart

Filling	2 egg yolks	1 knob of butter	4 medium onions -sliced	15ml /1tbs Balsamic vinegar	5ml /1 tsp brown sugar	100 ml double cream	100g/4oz Cheddar cheese
Pastry	150g / 6oz plain flour	50g / 2oz butter	25g / 1oz lard	2-3 x 15ml tbs cold water			

Pastry

- 1. Sift the flour into a mixing bowl
- 2. Add the butter and lard, cut into pieces and rub in until fine breadcrumbs
- Add enough water to draw the mixture together
- Wrap in cling film and chill for 20-30 mins 4.
- Roll out and line a 20cm / 8ins flan tin or flan ring
- Line the pastry case with baking paper and baking beans. Chill again for 15mins 5.
- Bake blind for 20min at 200C / Gas Mark 6 for 20 mins
 - Meanwhile make the filling

- 1. Heat the butter in a pan and cook the onions slowly for 20 mins stirring occasionally
- 2. Add the vinegar and sugar and cook until sticky and golden, about 10 mins and all the

liquid has evaporated

- 3. Allow to cool
- Beat the eggs and cream, carefully add the cheese and onions, season with salt and 4

pepper

Fill the pastry case with the mixture and bake for 20-25mins until set and golden 5.

AYNHO GARDENING CLUB ENTRY FORM

Name (capitals please) ---