

Aynho  
The Apricot Village

# NEWSLETTER

## FEBRUARY 2015



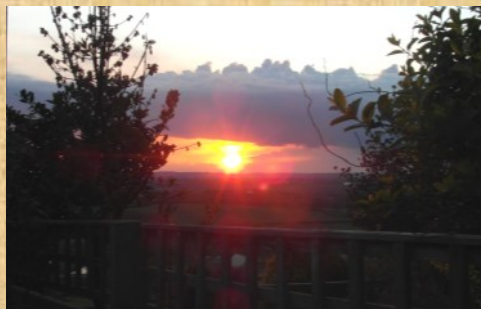
**"As autumn's ,  
mellow glory  
took us into  
winter snow**



**The promise of Spring**



**is just around  
the corner**



**As all your pictures show."**

# ASTWICK VALE BENEFICE

## CHURCH CALENDAR FOR FEBRUARY 2015

AYNHO-CROUGHTON-EVENLEY-FARTHINGHOE-HINTON-in-the-HEDGES with STEANE

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**Sunday:**  
**February 1<sup>st</sup>**

**AYNHO 11.0am Holy Communion**

(Sidespersons: Mr.Cheney.Mr.Sutton)

Farthinghoe 9.30am HC

Hinton 11.0am Morning Worship

Evenley 6.0pm Benefice TAIZE WORSHIP

**Sunday:**  
**February 8<sup>th</sup>**

**AYNHO 9.30am Holy Communion**

(Sidespersons: Mrs.Bellamy. Mr Leigh)

Croughton 9.30am H.C. Evenley 11.0am H.C.

Farthinghoe 10.0am A.A.W Hinton 6.0pm Evensong

**Sunday**  
**February 15<sup>th</sup>**

**10.0am Benefice Communion at Farthinghoe**

**4.30pm Pizza Praise - Croughton Village Hall**

**Pancake Party for all the family**

**Ash Wednesday**

**10.0am H.C at AYNHO**  
**with imposition of ashes**

**Sunday**  
**February 22<sup>nd</sup>**

**AYNHO 11.0am Matins**

(Sidespersons: Mrs.Pusey.Mrs.Grey.)

Croughton 9.30a.m H.C. Evenley 11.0am All Age Worship

Hinton 11.0am H.C. Farthinghoe 6.0pm Evensong

**Home Communion** Monday 23<sup>rd</sup> 10.30am

**Bible Study** Monday 9<sup>th</sup> 10.15am 15,The Square

**Prayer Group** Thursday 12<sup>th</sup> 2.30pm 15.The Square

**P.C.C.Meeting** Monday 16<sup>th</sup> 7.30pm Village Hall

**Church Cleaning** Thursday 19<sup>th</sup> 9.45am onwards

**Choir Practice** Friday 20<sup>th</sup>

**Bell Ringing –** Tuesdays at 7.30pm 1<sup>st</sup> Evenley 2<sup>nd</sup> & 4<sup>th</sup> Kings Sutton 3<sup>rd</sup> Tuesday Aynho.

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**Information** about the life of our church or baptisms or wedding enquiries from our

**Rector -Revd.Simon Dommett**Tel:01869.81090 [Email@the.revd.simon@gmail.com](mailto:Email@the.revd.simon@gmail.com)

Sign up for our weekly service news and updates with “Pews News” on the subject line or just write in the message and be put on our weekly mailings.

**Church Warden:** Graham Gibbs 01869 819727

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**Items for March 2015 by Monday February 16<sup>th</sup> to**

**Sybil at 32, Roundtown Tel:810692**

**Email: [syban@btinternet.com](mailto:syban@btinternet.com)**

**Vol.588**

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## **LETTER from your RECTOR**

Over the next few weeks your local church will be running a series called 'Cuppa and Chat' to explore what the Lord's Prayer is about and what it means to you and me today. Now you might think this doesn't matter or doesn't involve me, but events in recent weeks that have been all over the headlines can challenge what the Lord's prayer means to us and our responses to it.

For example in the Lord's Prayer we pray 'Father forgive us our sins as we forgive others.'

Where is forgiveness? Should we forgive? Can we forgive? What if we don't forgive ourselves?

What should be our response to those responsible for the recent shootings in Paris?

It is said that politics and religion shouldn't mix. Yet I would say that our life decisions should reflect our faith. So as we look to the forthcoming General Election we could ask the question, what are we looking for from the politicians, what are they offering? What is their vision for our country and world?

For again in the Lord Prayer we pray 'thy kingdom come, they will be done, on earth'.

So what vision do we have of God's kingdom? What might that vision look like worked out here on earth? How does that vision stack up against what we are being offered in the General Election?

I would like to suggest that the Lord's Prayer, as well as it is known, still has many challenges for us today and much for us to think about in the coming weeks.

So come along for a cuppa and chat and let's try and make some sense of this prayer and the world we live in and the Christian faith. The meetings are free and accompanied by a resource booklet costing £4.

### **Groups start meeting from Monday 16<sup>th</sup> February Please sign up on list in church or contact me**

Monday	10:45am	1 Rudge Way, Evenley.
Tuesday	10.00am	Greenbank, 2 Hinton in the Hedges
Wednesday	2.00pm	36 Broad Lane, Evenley
Thursday	7.45pm	15 The Square-Aynho
Friday		Croughton or Aynho TBA

P.S. Don't forget our Website [www.astiwckvale.co.uk](http://www.astiwckvale.co.uk) for updates and diary.

From February my day off will be Thursday and Shemil's day off Wednesday.

### **Sunday 15<sup>th</sup> February ~ 4:30pm—5:30pm Pizza Praise**

Pancake Party at Croughton Village Hall for all the family. Come and join the fun, games, races and activities on Sunday afternoon as we prepare for Lent and eat pancakes. Suitable for all the family.

### **17<sup>th</sup> February-Shrove Tuesday (Pancake Day)**

Simon & Heather invite you to an open house on Tuesday 17<sup>th</sup> February from 6pm—8pm at The Rectory.

Do come and share some pancakes and a drink as we prepare for Lent and Ash Wednesday.

If you let us know you are coming it will help with catering-but do just pop in, we would love to see you.

Simon & Heather 01869 810903

### **Ash Wednesday 18<sup>th</sup> February**

Lent starts early this year because of the phase of the moon and is marked with a communion service with the imposition of Ashes. The ashes are made from the burnt Palm Crosses we used last year, and during the service you are invited to receive the mark of a cross in Ash on your forehead as a sign of your penitence at the start of Lent. This year we are just holding one morning service at 10am at St. Michael Church, Aynho.



## CAROLS ON THE GREEN – 2014

Thank you once again for making this event such a success. We hope you all enjoyed it.

Your generosity has meant that £140.66 has been sent to The Children's Society whose mission is to "fight for change, supporting disadvantaged children to have a better life".

THANK YOU.

Thank you also for your generosity at the Christmas Services.

The Charities – Crisis and Katharine House Hospice – received £250.00 each.)

## Aynho Summer Fete – has it a future ?

We all look forward to the spring and summer when we can enjoy outside activities both within the village community and in our own homes.

One obvious outside event is the annual summer fete (13<sup>th</sup> June) and having been blessed with good weather in last two years it brings people together to enjoy an afternoon of fun and relaxation.

That the fete has been held in the last two years is thanks to a few new people who have come forward to help and those who have done so for many years. The latter are unsurprisingly reducing in numbers each year and if the fete is going to continue as an Aynho community event in the future more people are needed to actively contribute in various ways.

Please seriously consider if you wish the fete to continue and if you could contribute in any way let us know. Both help with planning/organising or actively involved on the day are required.

The contacts are: Graham Gibbs: [aynhogibbs@hotmail.com](mailto:aynhogibbs@hotmail.com)

Kathy White: [kathywhiteaynho@gmail.com](mailto:kathywhiteaynho@gmail.com).

Kay Anderson: [kaynho178@gmail.com](mailto:kaynho178@gmail.com).

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**THANK-YOU.** I wish to thank all the many friends and neighbours who attended Ron's funeral in December and for all the kind wishes and support I have received. Thanks to your generosity over £400 has been forwarded to the R.N.L.I. in memory of Ron. It was a lucky day when we moved to Aynho seventeen years ago! Ann Rickard

**Foreign Coins & used Postage Stamps** – to Mrs. M. Phillips, 10, Portway Gardens  
for Katharine House Hospice

**Library Van:** 1st Friday of the month at "The Butts" – 11.35 – 12.00

**AYNHO VILLAGE HALL Annual General Meeting** will take place in the hall at 7.30pm on Monday **9<sup>th</sup> March** and everyone is invited to attend.



We very much regret that the Tuesday Post office in the hall is temporarily out of action due to an intermittent B.T. line connection. We hope that this will soon be rectified and that the village will continue to support this hard won facility.

## ***What happens on Wednesday nights:***

### **ARMS (Aynho Recorded Music Society)**

**4<sup>th</sup> February 7.30pm in the Village Hall**

The first meeting of the new year was presented by Keith. It proved to be a highly varied programme with many dance tunes by Strauss, Schumann, Bizet, Sibelius, Delius and Williams. Also featured were Faure, Chopin and the delightful Flanders and Swann "Transport of Delight" and "I'm a Gnu". After the interval Keith put on a further varied programme with style and humour. This featured Ferrier "Blow the Winds Southerly", Captain Beeky, Heddle Nash, Mussorsky and features from "Les Miserables"

Another highly entertaining evening. New members very welcome.

**Contact: Bob Mann 810264**

### **PHOTOGRAPHIC SOCIETY –**

**4<sup>th</sup> February at the "Cartwright Hotel".**

The New Year opened with a Club Night in early January, where members were invited to volunteer and present the best photographs taken by themselves during 2014. Some 20 members accepted the challenge, with around 45 prints and digitally projected photographs being shown. Each presenter was then afforded the opportunity to say how each photograph was taken, why they considered it to be their best image and any lessons they had learnt in the process. This resulted in a lively, informative and often humorous discussion amongst the members, which contributed greatly to the enjoyment of the evening.

The next meeting of the Society is on 4 February, when Bob Sind-Birch will give a presentation on 'Macro photography.' This will be followed on 18 February with a Workshop led by member John Prentice on 'Painting with light' that will concentrate on long-exposure photography. Looking further ahead, Alan Fretten will give a presentation on 4 March entitled 'So long and thanks for the fish – a selection of images covering sport, rock bands and travel.' All meetings are at 7.30pm in the Cartwright Hotel, Aynho. Please come along, everyone is very welcome.

**Contact: John Branton [www.adandd.co.uk](http://www.adandd.co.uk)**

### **AYNHO GARDENING CLUB –**

**11<sup>th</sup> February 7.30pm in the Village Hall**

We had an excellent start to our 2015 Gardening Club programme with a good talk by Chris Day who is the Publicity Manager at the Buckingham Garden Centre. He gave an over-arching talk on garden history over the centuries right up to the garden trends of today with some plants for sale. Our February evening should be an interesting one; Alan Perkins, who is a member of our Club, is going to be taking us through a year in the Upton House Gardens. Alan has volunteered at Upton House for a number of years and has a keen interest in all that happens in the gardens and will, no doubt, give us a fascinating insight into the gardens. For those of you who were unable to come to the meeting last month, we can renew your Membership card on 11 February; the annual subscription is unchanged at £5 with a 50p entrance fee for members and £1 for guests. Do please encourage newcomers to come and see what we offer, we are always delighted to welcome any new Members or guests. For any queries, please get in touch with **Annabel Bellamy Tel: 810847 or Kath Arnold Tel: 811868**

### **WOMEN'S INSTITUTE –**

**18<sup>th</sup> February 7.30pm in the Village Hall**

The Speaker will be Felicity Howatson on the subject of "Church Embroidery"

Tea Hostesses – Mrs Joyce Ashbrook and Mrs. Hazel Croft.

**Contact: Barbara Watkins Tel: 811152**

## Wednesday nights cont/.

### AYNHO HISTORY SOCIETY

25<sup>th</sup> February 7.30pm in the Village Hall

“*Women at War*” presented by Mr Bob Harris

All welcome. Membership remains the same at £10p.a. (lectures then free) or pay as you go £2.50 per event.

Student concessions.

Contacts: Rupert Clark: Tel:810603 [ru.clark@btinternet.com](mailto:ru.clark@btinternet.com)

Peter Cole: Tel:811261

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**Next Knit and Stitch** Tuesdays February 10<sup>th</sup> & 24<sup>th</sup> at 2 Portway Gardens,  
2.0-4.0 pm. Contact Glenwys 810880 for further details.



\*YOGA CLASSES in Aynho Village Hall starting Thursday 15<sup>th</sup> January

9.30 – 10.30am. to book a place contact: ELAINE on 07917453224 or

find out more [Elaine@yogabeing.co.uk](mailto:Elaine@yogabeing.co.uk) [www.yogabeing.co.uk](http://www.yogabeing.co.uk)

“**Croughton Cinema**” “ (held in Croughton Village Hall on Friday evenings) welcomes you to their productions. Doors open 7.30pm. Licenced Bar. CFC Members £3. Non-Members £5. Under 16s £3.00.

For more details email: [keithgelder@tiscali.co.uk](mailto:keithgelder@tiscali.co.uk)



### WINTER LUNCH CLUB

on Thursdays: 5, 12, 19 (half term) and 26 February 2015

now in the **Main room** of the Village Hall

**\*\* 12.30pm-1.45pm \*\***



**Please note new times** – this is because there is a YOGA class in the village hall on Thursday mornings as from 15 January

No ‘membership’ required, anyone can come (young or old) and hopefully enjoy a simple home-cooked lunch in a warm, friendly place at very reasonable prices – **all profit going towards a Defibrillator for the village.** Choose from soup, baked potato, another hot main dish, a hot pudding with custard, or a biscuit with tea and coffee or a carton of fruit juice. The menu changes every week. **19<sup>th</sup> February is half term week.** Children/grandchildren are most welcome. If you plan to bring a few friends/family please let me know so that I can prepare enough food!

Amanda: Tel: 810341



### DEFIBRILLATOR FOR AYNHO

As you all know by now, Winter Lunch Club profit this year is going towards purchasing a Defibrillator and its external heated cabinet for the village. There have also been some very kind donations from villagers and we are now almost at the point where final decisions as to where it will be sited and then purchase of the defibrillator takes place! If there is anyone who would still like to contribute to the Defibrillator Fund please get in touch with Amanda (Winter Lunch Club) or Andy Anderson (Parish Council).

Thank you Amanda Tel: 810341

## THE BIODIVERSITY GROUP

The Biodiversity Group will continue to be active in 2015, particularly in improving habitat for a wide range of species in and around the village, such as barn owls, bats, mini beasts and flora. We will also continue to monitor species, which will be of interest to the County Council. If you are interested in being involved with any aspects of promoting biodiversity in and around the village, contact Les Horley on [leshorley@live.co.uk](mailto:leshorley@live.co.uk).

### Bird of the Month - The Tawny Owl

The Tawny Owl is about size of a pigeon. It has a rounded body and head, a ring of dark feathers around its face and mainly red-brown to grey-brown plumage. Its large eyes enable it to see in almost total darkness but only in limited colour or monochrome. The eyes cannot move or roll, instead its head can turn 270 degrees to the left or right, as well as upside-down. The left ear opening is higher on the head than the larger right ear and tilts downwards, improving sensitivity to sound from below. A passage through the skull links the eardrums and small differences in the time of arrival of a sound at each ear enables its source to be pinpointed. Both ear openings are hidden under the facial disk feathers which are specialised to be transparent to sound. The Tawny Owl is particularly vocal from November to February when it is defending its breeding territory. It is mostly monogamous and will usually pair off at the age of one. Unlined nests are made in holes in trees and houses, in crows, magpies and grey herons nests as well as squirrel dreys and nest boxes. Breeding starts in about mid-March when 2-6 eggs are laid at intervals of up to a week apart. The female alone incubates them while the male feeds her and the chicks once they hatch. The young leave the nest around 25 days after hatching, well before they can fly, and sit around in the branches near to the nest. Although unable to fly owlets on the ground are far from helpless as they are excellent climbers and can climb from the ground straight up the trunk of a tree to the highest branches at an astonishing rate! After around ten days they are able to fly for the first time but still remain dependent on the adults for food for another 10 – 12 weeks. Tawny Owls eat small mammals, birds, frogs, fish, insects and even worms. They have also been known to break open house martin's nests at night and take the young while the urban Tawny Owl will take goldfish and has become a specialist house sparrow predator. At the end of the breeding season the adult birds drive their youngsters out of their territories with the result that nearly two-thirds will die in their first year. Research has revealed that the Tawny Owl has an excellent spatial memory (in fact better than most other birds that have been tested) which means they develop and retain an excellent 'knowledge' of where to find prey in a given area. Being mostly nocturnal, the Tawny Owl is poorly studied but it is believed to have been in a slow decline since the mid-1980s with its range contracting.



### Did You Know?

- Tawny owls are famous for the fierce defence of their young: bird ringers usually wear crash helmets with visors to protect themselves when ringing baby tawnies.
- Because they don't like flying over large expanses of water they are absent from many of our islands, including the Isles of Man and Wight, the Outer Hebrides, Orkney and Shetland.
- Hill hooter and hollering owl are old names for the tawny while several names are a reminder of its daytime roosts: wood owl, beech owl and ivy owl.
- Tawnies are specially adapted for hunting in woodland with short wings which give them great manoeuvrability. Like almost all owls, the wings of a Tawny Owl are completely silent.
- The typical life span of a tawny owl is 4 years with the oldest recorded wild bird being 18 years.
- The collective name for a group of owls is a parliament or sometimes a wisdom of owls.

## AYNHO HEALTH WALKS..... 10.0am Thursdays from the Pavilion

There are three walks each Thursday all starting from the Pavilion at 10.0am.

**The Track Walk** is for those who just want a breath of fresh air but cannot walk far or are recovering from an illness or operation. There are plenty of seats to rest on on the way round, and you can do as many or as few laps as you wish.

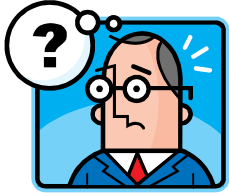
**The Small & Medium Walk** is about 3 miles and lasts a little over an hour. There are usually about 15 people on this walk.

**The Long Walk** is 5 – 6 miles and covers varied routes in the surrounding countryside and lasts about 2 hours. There are usually 10-15 people on this walk.

All three walks have trained leaders and back up members with emergency health supplies provided by the Ramblers & Macmillan Nurses. After the walks we like to stop for refreshment and a chat at the Pavilion. There is no charge for these walks, so why not give it a try and meet friends old and new.

All queries to Keith McKellan on 01869-810346





Your last opportunity to reserve a table for the

### **AYNHO QUIZ & CURRY NIGHT**

(non-curry option also available)

Licenced Bar. Aynho Village Hall Saturday 28<sup>th</sup> February 7.30pm

Tickets available from: Michael Johnson 27 Blacksmith Hill. Tel. 01869 811175  
Charlton Post office & Park Club Draw Collectors.

Maximum 4 in a team. £10 per person. Price includes Meal & Quiz Entry.

All proceeds towards the Aynho Sports & Recreation Association.

### **A.S.R.A – Memorial for Terry**

A kindly reminder that the new Play Park off the Black Path is to be named after Terry Benbow who sadly died at the early age of 30 late last year and who spent so many of his young days playing there. A plaque is to be erected in the Spring.

If you would like to make a donation towards this memorial you can pass cash or cheque to me at 11 Portway or have any queries call me on 810019. Kay Anderson.

**Bicester Green is a centre for “Skills, Sustain Ability & Second Hand Stuff”.** It is a community social enterprise specialising in all things “upcycling”. (upcycling is recycling unwanted things by turning them into smart new things). They produce fab “shabby chic” furniture, bird boxes, benches, bicycles and lots more. They also do furniture and electrical repairs. Bicester Green’s training Manager, Emma, runs the community training courses in upcycling including carpentry, upholstery and painting for complete beginners. She runs sessions at their workshop in Bicester or she can travel to groups who have a suitable place for workshop for enough people – 6. Workshop lasts 3 hours, can be a one off or set of three. They cost £16 a session (£12 if unwaged). This covers cost – it’s a non-profit organisation.

Would any Aynho residents – ladies or gentlemen – be interested in some sessions in Aynho held in The Sports Pavilion.

Please contact **Louise Bowe** Tel: 01869 810254 Mobile: 07977169968

Email [louise@luoisebowe.com](mailto:louise@luoisebowe.com) for all the details.

Have FUN and keep FIT keeping a local tradition alive – join the **ADDERBURY VILLAGE MORRIS MEN** as featured in the film “Way of the Morris” and as seen on stage at Cropredy Festival. No previous experience required.

Practises commence soon in Adderbury Tithe Barn on Wednesday nights.

Ring **John Ekers** on 01869 811741 for further information.

### **AYNHO WRITERS** .....Saturday 14<sup>th</sup> February 10.0am Village Hall

At our January meeting we heard some stories and experiences of New Year’s Eve and “A Winter’s tale”. Given the date for our February meeting we expect some enlightening or embarrassing stories about Valentine’s Day. Whatever the date or whatever the topic we can be sure of lots to enjoy and lots to talk about. We still have a few vacancies, so feel free to come and listen and see if you’d like to join us.

Samples of our work are regularly updated on the Village Website.



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*Why not just come for a chat if in any pain? Appointment only.*

Email: [info@spinespa-aat.com](mailto:info@spinespa-aat.com) [www.spinespa-aat.com](http://www.spinespa-aat.com)