DON'T BE A ZOMBIE THIS HALLOWEEN

STAY ALERT WHEN TRICK OR TREATING!

Dos

Keep clear of all flames, such as candles and lit pumpkins, which could cause costumes to catch fire.

Be careful how you dress on Halloween. Homemade costumes and some costumes bought in shops can be flammable.

Plan your trick or treat route beforehand. Only go to houses where you or your friends know the residents. Always go in groups.

Be cautious about eating what people give you when out trick or treating. Check with an adult when you get home.

Be visible – stay in areas that are well lit with streetlights. Take a torch.

Don'ts

Don't wear masks that restrict your vision. You need to see when crossing roads.

Don't enter any house when trick or treating, stay on the doorstep.

Don't go trick or treating without an adult. Never go alone.

Don't knock on doors where you see a 'No trick or treat' sign.

Don't use your costumes to genuinely frighten people – particularly those who may be elderly or vulnerable.